#### MOUNTAIN WEATHER INFORMATION SERVICE

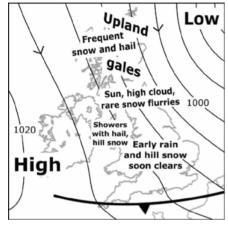
## **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 1 January, 2026



# British Mountain Summary: Based on forecast chart for noon 1 January, 2026

Cold north-northwesterly winds, widely gale force over the mountains, difficult conditions with severe chill factor on Scottish high tops. Showery snow and hail frequent in northern Scotland. Rare showers central Scotland and northern England. Early rain and hill snow followed by showers in Wales.

## **Headline for Southern Uplands**

Gales on tops, largely dry, most hills clear.

## Detailed Forecast for Thursday, 1 January, 2026

How windy? (On the summits)	Northwesterly 35 to 50mph, strongest sustained speeds on higher Cheviots, but may increase Galloway during afternoon.	
Effect of wind on you?	Strenuous walking, frequent buffeting over most high terrain, more challenging in exposure higher up. Significant wind chill.	
How wet? (Precipitation and its impact)	Scattered snow showers  A few showers mostly Galloway hills, coming inland from northwest, falling as snow or hail, or rain below 300-400m.  Often dry near/east of M74. Local brief snow showers some easternmost hills. Greater risk of scattered snow showers into the evening and night.	
Cloud on the hills?  Chance of cloud free summits?	Occasional patches mostly west  Patches moving onto higher slopes in Galloway mostly above 700m, rarely grazing higher tops elsewhere.  80%	
Sunshine? Air clarity (below cloud)	Patchwork of sunshine, some high cloud. Visibility very good, locally reduced in showers.	
How Cold? (at 750m)	-1 or -2C. Wind chill feeling like -10 to -15C.	
Freezing Level	400 to 600m, highest toward Galloway. Into night dropping sub-zero to lower slopes.	

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#### **Southern Uplands - Looking Ahead**

	Friday 2 January	Saturday 3 January
How windy? (On the summits)  Effect of wind on you?	North-northwesterly 30 to 40mph, squally gusts in showers, often strongest on Cheviots, risk 50mph early morning.  Significant wind chill over the hills.  Strenuous walking in exposure on higher terrain.	North to northwesterly 30 to 40mph, strongest eastern hills.  Continued significant wind chill over the hills. Frequent buffeting on exposed higher terrain, particularly in east.
How wet? (Precipitation and its impact)	Rare if any snow showers Isolated snow and hail showers mostly confined to areas nearest coasts.	Most places dry  A few showers coming in from the north may clip western Galloway hills, whilst showers over the North Sea may graze inland onto easternmost hills.  Otherwise dry.
Cloud on the hills?	Little if any  Patches clipping some high tops occasionally, mainly western hills in Galloway.	Little if any  Rare patches on some higher tops.
Chance of cloud free summits?	80%	80%
Sunshine? Air clarity (below cloud)	Mostly sunny, some cloud toward coasts. Visibility excellent.	Mostly sunny. Visibility excellent.
How Cold? (at 750m)	-3 or -4C. Wind chill feeling like -15C on tops.	-4 or -5C. Wind chill feeling like -17C in exposure on high tops.
Freezing Level	Most terrain frozen, barely rising above zero inland valleys; just above freezing up to 300-400m nearest coasts.	Terrain widely frozen, staying sub-zero from valleys upward. Nearest the coast, partial thawing in sunlight to 300-400m.

## **Planning Outlook**

#### All mountain areas of Britain from Friday, 2 January, 2026

Terrain extensively frozen onward into the weekend and early next week at least; sub-zero temperatures from the glens upward in Scotland and some valleys inland in northern England. Substantial fresh snow accumulations in the North West Highlands and Cairngorms, heavy showers streaming in from the north also containing hail. Largely dry and sunny from central Scotland to northern England. Hail and snow showers will run into north and west Wales from the sea. Bitter northerly winds, up to gale force higher tops, tending to lessen into Sunday. Some fluctuation of freezing level during next week, but some fronts moving in from northwest likely bring snowfall to hills at times more widely.

#### Forecast issued at 15:55 on Wednesday, 31 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.