MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

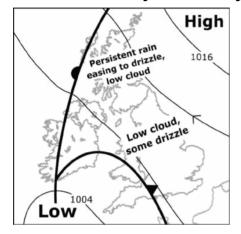
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 22 December, 2025



British Mountain Summary: Based on forecast chart for noon 22 December, 2025

Strong and gusty SE'ly winds. Rain fairly widely across the Highlands in the morning, easing but leaving patchy drizzle and low cloud shrouding the hills. Low cloud and some drizzly rain for England and Wales, but some breaks for the Lakes, also clearing conditions moving into south Wales.

Headline for Southern Uplands

Blustery, gusty. Early rain, drizzle fading, varied low cloud.

Detailed Forecast for Monday, 22 December, 2025

How windy? (On the summits)	East-southeasterly 20-30mph, some stronger gusts over the tops early in day. Tending to ease a little with time.	
Effect of wind on you?	Blustery at times with marked wind chill where exposed to the wind; strongest gusts may challenge stability in morning.	
How wet?	Rain and drizzle becoming patchy	
(Precipitation and its impact)	Widespread rain at and before dawn soon breaks into patches of rain and drizzle, slowest to fade in western areas, becoming substantially dry, but feeling damp where remaining in fog on hills.	
Cloud on the hills? Varied, though tops likely remain in cloud		
	Fairly extensive banks at varying heights in rain. As rain clears, very disorganised cloud banks, often shrouding high tops with ragged patches lower, some breaks forming mostly north of Beattock summit.	
Chance of cloud free summits?	30%	
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility poor in rain, improving for a time locally, though a general haze.	
How Cold? (at 750m)	3 or 4C, typically warmest in western areas.	
Freezing Level	Above the summits	

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Southern Uplands - Looking Ahead

	Tuesday 23 December	Wednesday 24 December
How windy? (On the summits)	Easterly 10 to 25mph, strongest Cheviots.	Easterly 20-25mph.
Effect of wind on you?	Fairly small, but some uncomfortable gusty spots mainly eastern hills.	Fairly small, though feeling uncomfortable in exposure.
How wet? (Precipitation and its impact)	Patchy drizzle Patches of light rain here and there, feeling generally damp with fine drizzle in fog over the hills.	Substantially dry A risk of some odd spots of rain in eastern areas, most hills entirely dry.
Cloud on the hills?	Fairly extensive High terrain likely stays shrouded all day, bases often reaching middle slopes with lower patches in rain, locally into valley bottoms.	Mostly just high tops, more east Cloud banks often covering high terrain of the Cheviots and eastern Borders, lowest bases to 600m on eastern aspects. More broken to the west, largely just banks over high tops.
Chance of cloud free summits?	20%	40% east, 60% west
Sunshine? Air clarity (below cloud)	Little or no sunshine. Variable visibility, sometimes good but fairly hazy, misty in places.	Intermittent sunshine west, more patchy east. Very good visibility, some haze east.
How Cold? (at 750m)	2 to 4C, coolest eastern hills; lowering slightly nearer 0C into night.	0 or +1C.
Freezing Level	Above the summits; then dropping close to freezing on higher eastern tops into night.	Just touching or above the high summits.

Planning Outlook

All mountain areas of Britain from Tuesday, 23 December, 2025

Cloud and patchy rain lingers early this week, then a slow change to drier and chiller weather into the Christmas period as high pressure builds to the north. Easterly winds will be dominant, the strongest winds in England and Wales. Cloud may be fairly sheet-like in the east sometimes, though variably more extensive or broken, best northwest. The coldest air will reach England and Wales on the easterly wind with freezing levels reaching as low as 400-600m in Wales, staying slightly warmer in northern Scotland with some inversion conditions likely over higher terrain; frost into glens.

Forecast issued at 16:30 on Sunday, 21 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.