

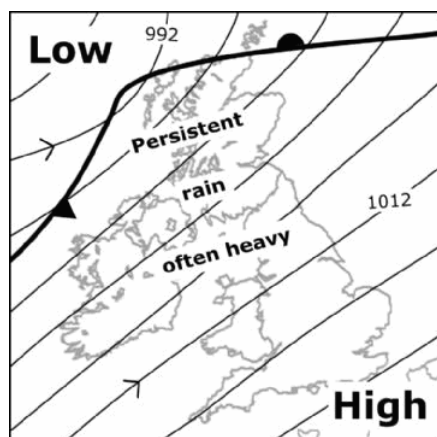
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 14 December, 2025



British Mountain Summary:

Based on forecast chart for noon 14 December, 2025

Extensive rain, sustained heavy falls over many western mountains, expect flooding. Smaller amounts of rain toward the N/E Cairngorms, also S/E Wales and Peak District. Widespread gales, powerful gusts around high tops, locally downslope to east. Blanket cloud across hills, lowest in west.

Headline for Southern Uplands

Gales, severe in places. Prolonged heavy rain west.

Detailed Forecast for Sunday, 14 December, 2025

How windy? (On the summits) Effect of wind on you?	Southwesterly, 40-55mph, most notably gusty east, 60mph over Cheviots. Tending to strengthen afternoon, reaching 70mph for a time. Easing only well into night from west to 30mph or less. Arduous conditions over the hills. Strong gusty winds will challenge balance and stability all day, including downslope. Significant wind chill.
How wet? (Precipitation and its impact)	Rain rarely ceasing, persistently heavy west; flooding Rain throughout the day from south Galloway to the Moffat hills, at times into western Cheviots; sustained heavy falls, ongoing into evening. Patchier at times further north/east, but still setting in widely for periods. Very wet underfoot, streams in spate, flooding increasingly develops.
Cloud on the hills? Chance of cloud free summits?	Extensive, lowest southwest Blanket low cloud cloaks Dumfries & Galloway up to the Moffat hills with bases 300-500m, lowest on slopes facing Solway Firth. Often covering the east Borders and Cheviots above 600m. Some breaks toward the Pentlands. 10%, to 30% Lothians.
Sunshine? Air clarity (below cloud)	No sunshine expected and often dull. Variable visibility, often dull west, best in the eastern Borders during dry periods.
How Cold? (at 750m) Freezing Level	6 to 8C; similar temperatures at all altitudes, may start to drop into night. Feeling like -5C in direct wind. Above the summits

All mountain areas of Britain from Monday, 15 December, 2025

Prolonged rain will leave flooding of streams and rivers in many mountain areas early in the new week, with the exception of northeastern Scotland. A frontal system will eventually pass eastwards Monday-Tuesday, wind easing; dropping to freezing above 900m, beware of ice forming on higher Scottish mountains. Drier conditions for many on Tuesday, though showery near west coast of Scotland. By Wednesday, another system sweeps in from the Atlantic bringing further rain and gales. A risk of more heavy rain particularly England and Wales later in the week. A change of weather pattern is likely in the run up to Christmas, as high pressure builds northward, bringing drier weather, possibly chillier with time.

Forecast issued at 16:16 on Saturday, 13 December, 2025

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