

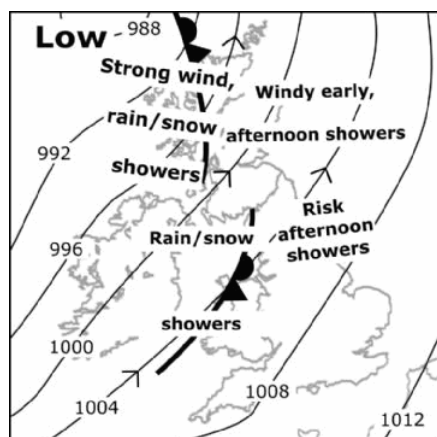
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 3 December, 2025



British Mountain Summary:

Based on forecast chart for noon 3 December, 2025

Widely breezy, strongest northern England and Scotland, early gales over high Munros; easing but staying blustery northwest Scotland. Showery rain onto west coast slopes down to Wales (snow on high terrain) most of the day, some reaching further east afternoon. Greatest chance of dry weather south Pennines.

Headline for Southern Uplands

Blustery in exposure; showery rain, mostly west

Detailed Forecast for Wednesday, 3 December, 2025

How windy? (On the summits) Effect of wind on you?	South-southwesterly 25-30mph from dawn. A band of stronger winds passes eastward through morning, approaching 40mph over tops for a time. Settling largely near 30-35mph most areas afternoon, some stronger winds east. Strenuous walking in exposure much of the day; prepare for a period of stronger winds on the high tops in the west early, in the east afternoon. Significant wind chill.
How wet? (Precipitation and its impact)	Showery rain west, a few patches drifting east Frequent showers from southern Galloway to the Moffat hills. Some rain patches drift further east into the Borders and near the Cheviot afternoon. May fall as snow on the highest tops. Northern Borders and Lothians likely substantially dry.
Cloud on the hills? Chance of cloud free summits?	Extensive high tops and southern slopes A sheet of cloud shrouds southern Galloway hills towards the Moffat hills, likely all day above 600m with lower banks in rain. Banks will reach further east to the Cheviot as well. Higher bases on northern aspects, particularly towards the Lothians. 30%
Sunshine? Air clarity (below cloud)	Best chance of sunny bursts north and areas, particularly Lothians. Excellent visibility away from showers.
How Cold? (at 750m) Freezing Level	1 or 2C, may locally warm a degree western Galloway. Feeling like -10C in direct wind. Above the summits

Southern Uplands - Looking Ahead

	Thursday 4 December	Friday 5 December
How windy? (On the summits) Effect of wind on you?	Southeasterly 30-40mph from dawn. Shifting southwesterly and easing to 20-25mph, though stronger longer east. Some uncomfortable winds early; blustery over the tops; easing to fairly small effects. Early wind chill.	Southerly 25-35mph, trending southeasterly and rising towards 40mph, further deteriorating into night. Comfortable walking affected from dawn, increasingly strenuous with buffeting gusts in exposure. Significant wind chill.
How wet? (Precipitation and its impact)	Intermittent rain Often raining in the hours before dawn, soon trending patchier; snow on the tops. Scattered showers into Galloway; local patches of rain continue east of M74, perhaps merging across broader areas.	Patchy rain/sleet, heavy rain later Patchy morning rain/sleet, mostly in the west, isolated patches drift east. Rain arrives from the southwest afternoon, spreading widely and persistently into night with heavy falls.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive Largely shrouding high terrain with bases down southern slopes to 600-700m, sometimes lower in rain, particularly east. Higher bases towards the Central Belt, some local breaks possible north Borders/Lothians. 20%	Variable, often capping high tops High tops likely remain capped in cloud with banks often lowering across high slopes, or middle slopes in rain. May be more sheet-like for a time in the east. Cloud isolates to higher terrain for a few hours before arriving more widely from the west later. 30%
Sunshine? Air clarity (below cloud)	Little sun expected. Visibility variable; excellent where out of cloud and rain.	A bright sunrise north Borders/Lothians, soon overcast. Very good visibility away from rain.
How Cold? (at 750m) Freezing Level	1 or 2C. Feeling like -8C in the morning wind. May just touch the highest summits later in the day, though perhaps entirely above.	1C, rising a degree afternoon and continuing to rise overnight. Feeling like -12C in wind. Variable between 600-800m. Rapidly rising after nightfall.

Planning Outlook

All mountain areas of Britain from Thursday, 4 December, 2025

Low pressure circulating to the west and north will dominate the weather for the next 7 to 10 days, bringing generally unsettled weather. A brief period of slack pressure on Thursday into Friday will ease winds for a time though patchy rain will linger in several areas. Strong southwesterly winds return over the weekend bringing cloud and rain to many mountains, most persistent on southwestern slopes. Temperatures and freezing level will vary, but staying chilly with highest terrain likely near or below 0C. Several low pressure systems with then pass through next week, bringing frequent periods of cloud, rain, and strong wind, likely gale force on high terrain at times. Occasional windows of dry, brighter weather will occur, best chance east.

Forecast issued at 16:11 on Tuesday, 2 December, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.