

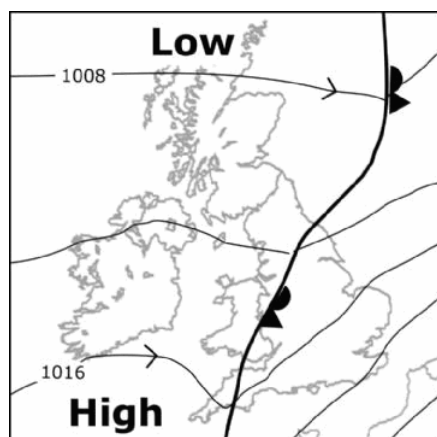
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 22 November, 2025



British Mountain Summary:

Based on forecast chart for noon 22 November, 2025

As less cold air penetrates the UK, only higher summits in Scotland will remain below freezing point. Nevertheless, much mountains terrain will remain frozen and icy. Rain and strong winds overnight will have eased to in Scotland and through the morning will clear Wales and N England.

Headline for Southern Uplands

A few showers. Extensive fog, particularly morning. Terrain partly frozen.

Detailed Forecast for Saturday, 22 November, 2025

How windy? (On the summits)	Southwesterly 30-40mph before dawn Cheviots; otherwise westerly 20mph..
Effect of wind on you?	Soon small.
How wet? (Precipitation and its impact)	Risk of the odd shower Remnants of overnight rain clearing at about dawn. Otherwise a few brief showers.
Cloud on the hills? Chance of cloud free summits?	Very varied: extensive fog, tending to this slowly through the day. Very varied; overall most mountains cloud covered, in some areas from just above valleys up. Nevertheless, will improve, by afternoon most cloud above 650m, with breaks to some higher tops - although in places fog persisting lower down. 10% rising to 50%
Sunshine? Air clarity (below cloud)	Occasional sun gradually coming through, particularly Borders. Misty or foggy widely morning; visibility gradually becoming good below cloud.
How Cold? (at 750m) Freezing Level	2 or 3C. Feeling like -5C where exposed to the wind. Above the summits, but much terrain at least partly frozen.

Southern Uplands - Looking Ahead

	Sunday 23 November	Monday 24 November
How windy? (On the summits)	Low confidence of detail: Mainly easterly between 20 and perhaps 35mph.	Northerly, 25 to 30mph, perhaps 35mph Cheviot hills.
Effect of wind on you?	Expect blustery conditions, perhaps considerable buffeting and wind chill over some mountains.	Will impede ease of walking across the hills, and near precipitation in gusty conditions, balance may be tricky.
How wet? (Precipitation and its impact)	Frequent or persistent rain, risk sleet Areas of persistent rain circulating around a centre of low pressure, may set in for several hours, possibly turning to sleet at times above 600m.	Snow and hail showers - Borders Eastern and southern Borders: Showers may extend well inland from North Sea, bringing hail and above 450m snow Few if any showers (only flurries) elsewhere.
Cloud on the hills?	Very extensive Persistent fog most mountains, widely above 400 to 600m, and sometimes covering lower slopes, particularly Borders.	Clearing most summits Cheviot hills: Cloud base varying as showers come and go: typically 600m, but shafts of cloud below 400m near precipitation. Elsewhere: summits clearing during morning (perhaps before dawn).
Chance of cloud free summits?	Less than 10%	80%
Sunshine? Air clarity (below cloud)	Cloudy or dull; extensively foggy on the hills.	Periods of bright sunshine, particularly Dumfries and Galloway. Little sun toward The Cheviot. Visibility very good, but poor in precipitation.
How Cold? (at 750m) Freezing Level	0C. Will feel as cold as minus 10C directly in the wind. 700m.	0C - a marginal drop likely through the day Will feel as cold as minus 8C directly in the wind. 750m.

Planning Outlook

All mountain areas of Britain from Sunday, 23 November, 2025

Another brief burst of cold air on Monday and Tuesday will bring further snow to northern Scotland. By Wednesday, milder air together with rain and strong wind will be extending across Britain. Rain and strong wind will be frequent, particularly on western mountains for the remainder of the week. In Scotland temperatures on the Munros will sometimes be below freezing point, but fresh snow probably transient, whereas elsewhere, snow rare if any.

Forecast issued at 16:11 on Friday, 21 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.