

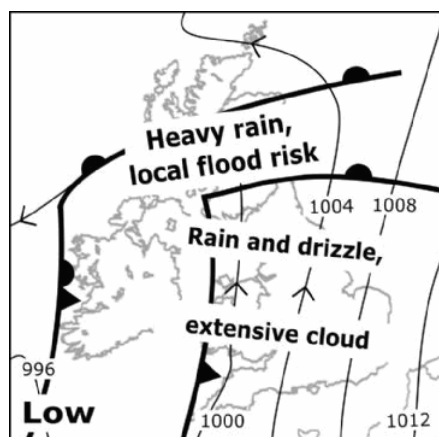
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 5 November, 2025



British Mountain Summary:

Based on forecast chart for noon 5 November, 2025

Extensive heavy rain advances north over the Highlands; the far northwest driest for longest. Rain for England and Wales tends to ease but leaves drizzle; expect flooding. Blanket low cloud most mountains, better NW Scotland. Wind varied in Scotland, stronger southerlies England & Wales. Generally mild.

Headline for Southern Uplands

Rain, drizzle and low cloud. Wind locally gusty. Flooding.

Detailed Forecast for Wednesday, 5 November, 2025

How windy? (On the summits)	Southeast then southerly 15 to 25mph, at times 30mph especially Galloway hills, tending to rise a little and locally gustier 35mph in west afternoon.
Effect of wind on you?	Be prepared for blustery conditions particularly western areas.
How wet? (Precipitation and its impact)	Heavy rain, easing a little afternoon Rain throughout the day, often heavy, most sustained in southern areas. Easing off a little during afternoon, but leaving patchy rain or drizzle, particularly south-facing hills, further pulses of rain follow into Galloway.
Cloud on the hills?	Extensive Extensive hill fog throughout the day. Lowest bases across Galloway. Highest of breaks toward the Lothians.
Chance of cloud free summits?	10%
Sunshine? Air clarity (below cloud)	Overcast. Visibility poor due to rain.
How Cold? (at 750m)	10C. Feeling near freezing if exposed to wind.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 6 November	Friday 7 November
How windy? (On the summits)	Southerly 15 to 30mph	South-southwesterly 15-25mph. Strongest winds west which will strengthen to 30mph or higher over Galloway tops.
Effect of wind on you?	Blustery periods through the day, may well affect balance in the strongest gusts.	Fairly small, though some uncomfortable winds over tops at times, particularly west where speeds may vary.
How wet? (Precipitation and its impact)	Drizzle, risk rain in west Within a very mild and humid environment, expect pockets of drizzle here and there. Some more persistent rain possible for a time Dumfries & Galloway hills.	Bursts of rain west Occasional bursts of rain drifting onto Galloway slopes from the south, most frequent on southern slopes. A few spots of rain may drift further east, but could be entirely dry east of M74.
Cloud on the hills?	Extensive, very low bases near Solway. Extensive hill fog likely through the day. Lowest and most widespread cloud on hills west of M74. Nearly down to coastal cliffs on hills nearest the Solway.	Fairly extensive An extensive sheet of cloud cloaks the hills for several hours after dawn. Bases will lift on northern slopes and some breaks will form here as well. Southern slopes of the Borders and Galloway will remain shrouded in fog.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	Mostly overcast. Visibility rather hazy and poor in drizzle.	A few glimpses of sun on northern slopes, otherwise overcast. Excellent visibility where out of fog.
How Cold? (at 750m)	11C	8C, a degree warmer over the Cheviot and Lothians.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 6 November, 2025

South to southwesterly winds and weather fronts pushing in from the Atlantic this week will continue to bring mild and frequently wet conditions - rain most common on western mountains with extensive low cloud, lowest on south-facing coastal hills. Meanwhile, north and northeast Scotland will generally see very little rain and higher cloud breaks. Some windows of drier weather more widely, an indication of improvement over the coming weekend, but timing of the driest weather and least wind is somewhat uncertain at this stage. Toward mid-November favours higher pressure becoming established with time, possible E-SE'ly winds developing, offering better weather in the west.

Forecast issued at 15:33 on Tuesday, 4 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.