

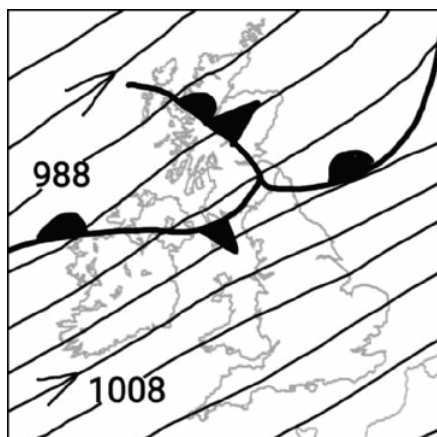
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 3 November, 2025



British Mountain Summary:

Based on forecast chart for noon 3 November, 2025

Gale to, in places, severe gale force south-westerlies will drive in very extensive low cloud across the hills and rainfall. The rain will be near constant across western mountains, and on and off across eastern areas. Significant wind chill.

Headline for Southern Uplands

South-westerly gales with frequent rainfall and extensive hill fog.

Detailed Forecast for Monday, 3 November, 2025

How windy? (On the summits)	Southwesterly 45-55mph, may lift above 60mph into afternoon.
Effect of wind on you?	Difficult if not in the afternoon very difficult walking and significant wind chill where exposed on higher tops.
How wet? (Precipitation and its impact)	Frequent rain Rain and drizzle almost constant Dumfries and Galloway and near the upper Tweed. Into the Borders, rain intermittently
Cloud on the hills?	Extensive Hills near the Lothians and the Cheviots mostly free of cloud up to 650m. Fog widely elsewhere, often from lower slopes up, particularly near Solway.
Chance of cloud free summits?	Almost nil; but 70% near Lothians & lower Cheviots
Sunshine? Air clarity (below cloud)	Largely overcast and dull, a little sun near the Lothians. Poor visibility in rain.
How Cold? (at 750m)	9C. Feeling below freezing point where exposed to the wind.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Tuesday 4 November	Wednesday 5 November
How windy? (On the summits)	South to higher up southwesterly 40mph.	Southerly 15 to 25mph, perhaps 30mph for a time in the morning.
Effect of wind on you?	Continued difficult conditions where exposed on higher areas, where wind chill significant.	Be prepared for blustery conditions, especially through the morning when there will be considerable wind chill.
How wet? (Precipitation and its impact)	Frequent or persistent rain. Rain frequently most or all day. Very wet underfoot and streams in spate. Least rainfall - perhaps very little - toward Lothians and eastern Cheviots.	Frequent rain, but tending to ease. Frequent pulses of rain in morning, some heavy. Tending to ease off in the afternoon to leave a footprint of patches of drizzle leftover.
Cloud on the hills?	Very extensive; higher cloud base into Borders. Widely persistent fog above 200 to 400m. Toward the Lothians and east across the Cheviots, higher cloud base, may reach 650m.	Extensive Extensive hill fog throughout the day. Lowest bases across Galloway.
Chance of cloud free summits?	20%	20%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly near Lothians and Cheviots. Otherwise, mostly dull and misty.	Overcast. Visibility sometimes poor due to rain.
How Cold? (at 750m)	8C Will feel as cold as minus 2C directly in the wind.	10C
Freezing Level	Above the summits.	Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 4 November, 2025**

Remaining very unsettled with as a series of deep Atlantic lows, and their associated fronts, continue to cross Britain over the next week to ten days. Frequently windy, with high rainfall, particularly on western mountains (rain at some stage almost daily) and cloud will frequently cover higher areas. Only rarely cold enough for snow higher mountains in Scotland.

Forecast issued at 12:53 on Sunday, 2 November, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.