MOUNTAIN WEATHER INFORMATION SERVICE

Southern Uplands

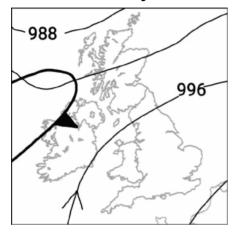
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).





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General Summary for Wednesday, 22 October, 2025



British Mountain Summary: Based on forecast chart for noon 22 October, 2025

Chilly west to southwest winds, strong for a time north Highlands, with showers across western hills, but few if any reaching eastern areas. Cloud bases lifting to higher slopes, but persisting across western tops, whilst eastern hills seeing good clearances with the best of the sunshine, albeit weak due to high cloud.

Headline for Southern Uplands

Breezy and chilly with a few, mostly light, showers. Occasional cloud on tops.

Detailed Forecast for Wednesday, 22 October, 2025

How windy? (On the summits)	West or southwesterly 15 to 25mph, possible 30mph around dawn; tending to lessen during day.	
Effect of wind on you?	Fairly small, but more blustery and feeling noticeably chilly on exposed higher terrain, particularly morning.	
How wet? (Precipitation and its impact)	Rare if any precipitation One or two light showers mostly Galloway hills, possibly more frequent later.	
Cloud on the hills?	Occasionally on high tops Some patchy cloud on higher slopes in Galloway, mostly above 700m. Patches may graze higher slopes further east, but many hill tops often clear.	
Chance of cloud free summits?	70%	
Sunshine? Air clarity (below cloud)	Fairly cloudy, some sun, best in east. Visibility excellent.	
How Cold? (at 750m)	5C. Feeling below freezing in the wind.	
Freezing Level	Above the summits	

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Southern Uplands - Looking Ahead

	Thursday 23 October	Friday 24 October
How windy? (On the summits) Effect of wind on you?	Uncertainty - Extensive lull between two low pressures. Direction varied, speeds for periods, may abruptly lift to 30-35mph. Possibly staying small, but beware of potential abrupt lift in the wind bringing significant wind chill.	North to northwesterly 15 to 30mph. May lift to 40mph later in the day. Be prepared for blustery conditions for periods, with some lulls too. Marked wind chill where exposed to the wind.
How wet? (Precipitation and its impact)	Risk showers mainly west Often dry, but risk of some showers, greater risk toward Galloway, may become more frequent here with time, some heavier bursts with possible hail.	Clusters of showers Low confidence in extent of showers. Either a scattering or clusters of showers, and perhaps even more prolonged rain at times edging into eastern hills.
Cloud on the hills?	Mostly western high tops Patchy cloud mostly over higher tops in Galloway, lowering in showers. Further east, cloud higher and more broken above the tops.	Covering the tops Cloud bases may come and go over the tops through the day. Most widespread coverage likely to be over the Galloway hills.
Chance of cloud free summits?	60%	40%
Sunshine? Air clarity (below cloud)	Occasional sun east, cloudier west. Visibility excellent where dry, but reducing locally to poor if precipitation develops.	A little sun at times through high cloud, mainly early in the day. Visibility good or very good, but falling in rain.
How Cold? (at 750m) Freezing Level	3 or 4C. In stronger winds, chill factor feeling like -5C, possibly -8C in west. Above the summits	3C Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 23 October, 2025

A complex weather situation around midweek with various centres of low pressure drifting around slowly. Areas of rain and showers, but also drier moments - possibly Thursday often dry in eastern Scotland and northern England - beware of a deterioration from the northwest during Thursday with gales and rain setting in . Significantly colder later in the week as winds turn northerly. Freezing level dropping to 800-1000m into the weekend, lowest in northern Scotland. A mix of sunshine and showers falling as snow on high terrain, most frequent in north-facing areas. Falling week, less cold, but frequent rain in the west.

Forecast issued at 16:37 on Tuesday, 21 October, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.