

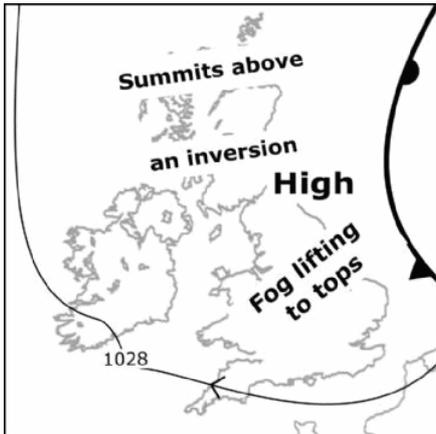
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Monday, 13 October, 2025



### British Mountain Summary:

**Based on forecast chart for noon 13 October, 2025**

Inversion conditions widely across Scottish highlands. High tops of Lakeland and Snowdonia also likely above a cloud layer. Feeling quite warm in the autumn sunshine on summits above the cloud; valleys and glens starting cooler. Cloudier over Pennines and east Wales, most fog rising to high terrain with local breaks.

### Headline for Southern Uplands

Fog lifts to high terrain, some local sunny breaks

## Detailed Forecast for Monday, 13 October, 2025

<b>How windy? (On the summits)</b>	Generally south or southwesterly though variable, 10mph or less. Trending west-northwesterly later.
<b>Effect of wind on you?</b>	<b>Small</b>
<b>How wet? (Precipitation and its impact)</b>	<b>No rain</b>
<b>Cloud on the hills?</b>	<b>Fog lifts to high terrain, variably broken</b> Morning fog in valleys, more sheet-like in eastern parts near to coasts. This lifting after sunrise and tending to break into patches, settling mostly around 600-800m, though may continue to be more sheet-like west of the Borders.
<b>Chance of cloud free summits?</b>	<b>60%</b>
<b>Sunshine? Air clarity (below cloud)</b>	A patchwork of sun and cloud, at times more cloudy or sunny. Some morning haze, particularly near the Central Belt, becoming good below the cloud.
<b>How Cold? (at 750m)</b>	11 or 12C; valleys starting much cooler. May rise a degree or two on slopes well exposed to sunshine
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	<b>Tuesday 14 October</b>	<b>Wednesday 15 October</b>
<b>How windy? (On the summits)</b>	Variable direction 10mph or less. May trend northerly.	Variable 10mph or less. Some local gusts at all elevations.
<b>Effect of wind on you?</b>	<b>Negligible</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Areas of fog and low cloud</b>  Varied low cloud across some mid to upper slopes, plus fog in some valleys from dawn, tending to thin. Some highest summits may be near top of the cloud layer. Cloud breaks likely best in west.	<b>Patchy cloud rises to high terrain</b>  Patchy cloud possible at all heights in the morning. Bases gradually lift at the day goes, mostly above 700m by afternoon with regular breaks around summits. The Cheviot and high Lothians may be more often covered.
<b>Chance of cloud free summits?</b>	<b>50%</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Some sun breaking through in places, but areas of misty low cloud may linger around the hills, and some lower ground in morning. A haze.	A patchwork of cloud and sunshine. Quite hazy, particularly near the Central Belt.
<b>How Cold? (at 750m)</b>	8 or 9C, small variation from lower slopes upward in morning. Possibly warmer in the west.	7 or 8C. Locally cooler in valleys at dawn.
<b>Freezing Level</b>	Above the summits	Above the summits

**Planning Outlook****All mountain areas of Britain from Tuesday, 14 October, 2025**

High pressure resides over the country through the week, maintaining quiet weather. In the mornings, varied low cloud and morning fog is likely while inversion conditions likely to remain over highest mountains for several days. A haze will linger on low slopes below the inversion. During midweek the inversion starts to weaken as pressure begins to fall gradually; cloud will be well-broken for many and begin to lift to higher terrain. Light winds overall, an easterly breeze likely for Wales.

Uncertainty about the weather pattern development toward next weekend: some indication of strengthening winds bringing some rain, but may not reach all areas. Later October has hints of chillier northerly air, especially in Scotland.

**Forecast issued at 16:00 on Sunday, 12 October, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.