

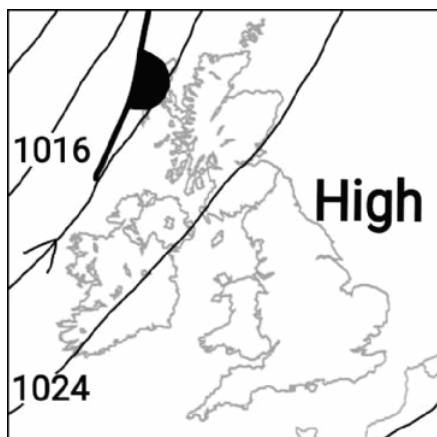
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Monday, 29 September, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 29 September, 2025

Scotland: Southwesterly winds with a warm front bringing cloud and patchy rain into afternoon for western hills. Eastern hills substantially clear with morning sunshine.

England/Wales: Sunshine giving way to veil of cloud, with will lower onto higher western tops with local drizzle. Dry elsewhere.

### Headline for Southern Uplands

Sunny morning. Clouding over in afternoon. Patchy hill fog into the west.

## Detailed Forecast for Monday, 29 September, 2025

<b>How windy? (On the summits)</b>	Southwesterly 10-15mph. A very gradual rise afternoon, winds over western tops reaching a gusty 20mph.
<b>Effect of wind on you?</b>	Fairly small, though increasing gusts will bring light buffeting as the day goes.
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy drizzly rain west</b> Spotty drizzly rain drifting onto south and western Galloway slopes at times. Patches will tend to drift east later in the day.
<b>Cloud on the hills?</b>	<b>Clear in the east, and in morning in west.</b> Local valley mist and odd ragged patches on the hills soon rise and break after sunrise for clear hills in the morning. However, patches onto western tops will become more prevalent in afternoon.
<b>Chance of cloud free summits?</b>	<b>90% lowering to 50% in the west</b>
<b>Sunshine?</b> Air clarity (below cloud)	Early sunshine, lasting all morning in the east, before veil of cloud moves in from the west. Very good visibility.
<b>How Cold? (at 750m)</b>	7 or 8C. May start slightly cooler in sheltered eastern areas.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	<b>Tuesday 30 September</b>	<b>Wednesday 1 October</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	South to southwesterly, 15 to 20mph, at times 25mph higher tops, particularly in west.  <b>Fairly small, but may start to feel noticeable over exposed higher slopes.</b>	South to south-westerly 15 to 30mph.  <b>Blustery at times with a marked wind chill over the tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly rain mostly west</b> A little rain or drizzle, mostly hills near and west of the M74, amounts generally small. Further north and east more often dry or just patchy drizzle.	<b>Occasional rain an drizzle</b> Occasional rain, may well be persistent for a few hours in the morning. The afternoon may tend just sees intermittent drizzle which would be mostly in the west.
<b>Cloud on the hills?</b>          <b>Chance of cloud free summits?</b>	<b>Extensive, lowest west</b>  Shrouding hills across Dumfries and Galloway most or all day, from lower elevations upward near Solway coast, bases 400m further inland, may rise a little. Higher cloud above 500-600m Borders.  <b>10% west, 30% east/north.</b>	<b>Fairly extensive</b>  Cloud covering upper slopes fairly extensively through the day. Best of the breaks will be east of the M74.  <b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast, rare glimpses of sun mainly eastern areas. Visibility poor where damp, better east and north, good below cloud.	A little weak sun may come through a veil of cloud at times, mainly in the east. Visibility sometimes poor due to rain.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	8C, little change all day where in cloud, clearer spots rising to 10C.  Above the summits	11C  Above the summits

**Planning Outlook****All mountain areas of Britain from Tuesday, 30 September, 2025**

Next week the UK is situated under a boundary between high and low pressure with a trend towards more settled conditions in the south, unsettled in the north. Northwest England and west Scotland could be rather wet with a southwesterly wind pushing cloud and spells of rain onto western hills. Several more organized frontal systems are likely to pass into eastern Scotland as well. Generally dry for the Pennines and Wales, though cloud and occasionally drizzly rain will impact western areas, notably Lakeland and Snowdonia. Sun breaks likely in England but short-lived. First indications of more widely unsettled weather into next weekend as a deeper area of low pressure passes north, though confidence remains low regarding timing and strength.

**Forecast issued at 16:30 on Sunday, 28 September, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.