

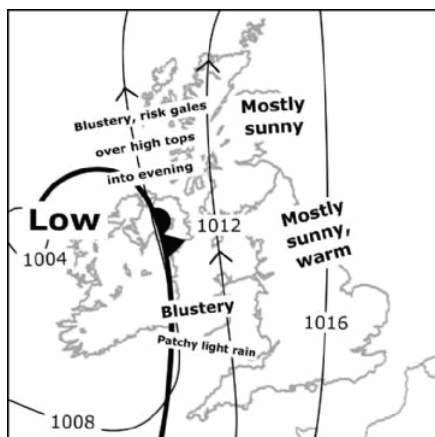
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 9 September, 2025



British Mountain Summary:

Based on forecast chart for noon 9 September, 2025

Windy near west coasts of Scotland and Wales, risk of gales over high tops later in the day; local cloud and light morning rain, then dry and largely clear. Some morning light rain and cloud for Lakeland too, also clearing. Mostly clear hills east Scotland though blustery. Mostly sunny and warm along the Pennines.

Headline for Southern Uplands

Patchy cloud west, some morning rain; increasingly blustery

Detailed Forecast for Tuesday, 9 September, 2025

How windy? (On the summits) Effect of wind on you?	South-southeasterly 15-25mph, always strongest around Merrick and west, up to 30mph at times. Strengthening into evening and night, notably west where speeds over tops rise to 40mph+. Fairly small most of the day, though comfort of walking affected on high Galloway tops. Becoming strenuous into evening, considerable buffeting over Galloway tops.
How wet? (Precipitation and its impact)	Morning drizzly rain west of M74, then largely dry Drizzly rain on southern Galloway slopes early morning, some patches on hills near the Solway too. Any rain will largely fade, though a few isolated patches may come and go western Galloway.
Cloud on the hills? Chance of cloud free summits?	Lifting off most summits From dawn, patchy cloud on higher terrain, some lower banks on southern Galloway slopes. Cloud will largely lift off summits through morning. Patchy cloudy likely comes and goes over high Galloway tops all day. 80%
Sunshine? Air clarity (below cloud)	Patchy morning cloud breaks for good sunshine, high cloud may linger over Galloway. Fair weather cloud builds afternoon. Very good visibility.
How Cold? (at 750m) Freezing Level	7C rising to 10C. Areas east of M74 typically a degree warmer, may reach near 12C at the Cheviot. Above the summits

Southern Uplands - Looking Ahead

	Wednesday 10 September	Thursday 11 September
How windy? (On the summits) Effect of wind on you?	Southerly 30-45mph. May trend towards lighter winds late in the day though uncertain. Strenuous walking, strongest buffeting gusts over tops will challenge balance. Considerable wind chill.	Southwesterly 25-35mph, may be stronger for periods, especially over high tops. Walking becoming impeded. Strongest winds on tops may challenge stability. Feeling cool.
How wet? (Precipitation and its impact)	Increasingly rainy from the west Showery rain in Galloway merges into broader areas. Showers forming east through afternoon. Increasing risk of thundery rain later in the day.	Showers, at times heavy Increasingly showery across most areas through midday and afternoon. Showers may be frequent with heavy/thundery bursts at times. Frequently raining west.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive, odd breaks High tops west of M74 largely shrouded from dawn, most extensive southwest Galloway hills. Patchier for a time in the east with some clear summits. Filling in extensively as rain arrives, a few odd breaks possible between showers. 30%	Increasingly extensive in rain, breaks east High tops of the Borders and hills west of M74 often under cloud with lower patches. Clearer to the east with breaks to tops at times. Cloud tending to fill in as showers form, though higher breaks east likely continue. 60% east, lowering to 20%
Sunshine? Air clarity (below cloud)	Patches of sunshine east of M74 in the morning, becoming overcast.. Good visibility east, becoming poor when rain arrives.	Patchy sunshine and fair weather cloud - may be largely cloudy at times. Very good visibility away from rain.
How Cold? (at 750m) Freezing Level	9 or 10C, slight warming around Cheviots/Lothians. Feeling like 0C in direct strongest wind. Above the summits	6 or 7C, rising to 8C eastern Borders/Cheviots. Feeling near/below freezing in exposure. Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 10 September, 2025

Low pressure over the north Atlantic dominates the weather pattern for the week ahead, maintaining unsettled conditions. West to southwesterly winds prevail bringing frequent rain and cloud to western areas, regularly becoming more widespread as weather features come and go. Breaks may form with some bursts of sunshine, though likely short lived. Early indications suggest a deeper area of low pressure late weekend and early next week will bring widespread gales, possibly severe on highest terrain. Becoming more mixed after mid-month with longer periods of dry weather, but a persistent southwesterly regime will continue to draw unsettled spells of weather into Britain, notably in the north.

Forecast issued at 16:13 on Monday, 8 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.