

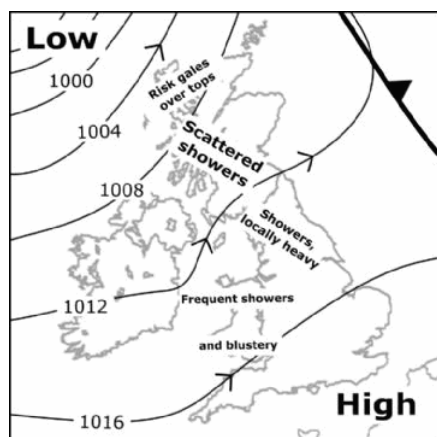
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 8 September, 2025



British Mountain Summary:

Based on forecast chart for noon 8 September, 2025

Strong winds and scattered showers western Scotland; clearer east with only patchy upland cloud. Showers in England, risk more concentrated rain over Lakeland and west Pennines for periods with heavy bursts. Little cloud on Pennines. Blustery in Wales with frequent showers, risk local hail/thunder.

Headline for Southern Uplands

Hills often clear but blustery over tops; scattered afternoon showers

Detailed Forecast for Monday, 8 September, 2025

How windy? (On the summits)	South-southwesterly 20 to 30mph, locally up to 35mph over high tops at times.
Effect of wind on you?	Walking inconvenienced on high terrain - stability may be challenged on exposed tops during stronger gusts. Feeling chilly.
How wet? (Precipitation and its impact)	Afternoon scattered showers, risk heavy A few showers on slopes near the Solway in the morning, most other places dry for several hours. Risk of scattered showers increases through afternoon, possibly locally heavy.
Cloud on the hills?	Clearing most tops Cloud over higher tops west of the M74 early, bases varying above 500-700m, lowest near Solway; only patchy cloud over tops to the east. Cloud lifts off most summits, though southern Galloway/Solway holds onto patchy fog.
Chance of cloud free summits?	Rising to 90%; 50% south Galloway/Solway
Sunshine? Air clarity (below cloud)	Mostly sunny much of the day away from southern Galloway/Solway; fair weather cloud will build afternoon. Very good visibility though a slight haze.
How Cold? (at 750m)	8C, rising up to 10C in the northeast (Borders/Lothians) in the afternoon. Little or no change west of M74. Feeling near freezing in strongest wind.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Tuesday 9 September	Wednesday 10 September
How windy? (On the summits) Effect of wind on you?	South-southeasterly 15-25mph. Strengthening into evening and night, notably west - up to 40mph+ over tops. Fairly small most of the day, becoming affected from the west later.	From dawn, southerly 30-45mph. May ease later in the day from the west. Strenuous walking, strongest buffeting gusts over tops will challenge balance. Considerable wind chill.
How wet? (Precipitation and its impact)	Local drizzly rain west of M74 Drizzly rain on southern Galloway slopes early morning, some patches on hills near the Solway too. Some patchy rain will drift into Galloway later, though amounting to little.	Morning rain west spreads east Spots of rain in Galloway merge into broader areas and spread east through afternoon.
Cloud on the hills? Chance of cloud free summits?	Lifting off most summits From dawn, patchy cloud on higher terrain, some lower banks on southern Galloway slopes. Cloud will largely lift off summits through morning. Patchy cloudy likely comes and goes over high Galloway tops all day. 80%	Fairly extensive, odd breaks High tops west of M74 largely shrouded from dawn, most extensive southwest Galloway hills. Patchier for a time in the east with some clear summits. Filling in extensively as rain arrives, a few odd breaks possible between bursts of rain. 30%
Sunshine? Air clarity (below cloud)	Patchy morning cloud breaks for good sunshine, fair weather cloud builds afternoon. Very good visibility.	Patches of sunshine east of M74 in the morning, soon overcast. Good visibility away from rain/
How Cold? (at 750m) Freezing Level	7 or 8C, rising to 11C. Above the summits	9 or 10C. Little change, possibly a slight warming around Cheviots/Lothians. Feeling like 0C in direct strongest wind. Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 9 September, 2025**

Low pressure over the north Atlantic dominates the weather pattern over the next 10 days, maintaining unsettled conditions. West to southwesterly winds prevail bringing frequent rain and cloud to western areas, regularly becoming more widespread as weather features come and go. Early indications suggest a deeper area of low pressure late weekend and early next week will bring widespread gales, possibly severe on highest terrain.

Tending to improve after mid-month with longer periods of dry weather, but a persistent southwesterly regime will continue to draw unsettled spells of weather into Britain, notably in the north.

Forecast issued at 16:21 on Sunday, 7 September, 2025

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