

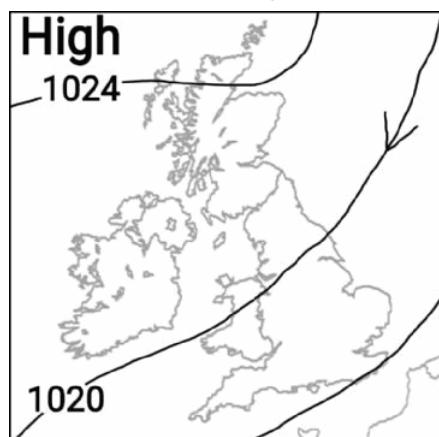
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 20 August, 2025



British Mountain Summary:

Based on forecast chart for noon 20 August, 2025

High pressure to northwest, north-easterly winds; gustiest England and Wales. Cloud sheet fairly extensive from dawn, breaking up through day to sunshine, but patches persisting for the northern Highlands, into eastern Border Hills, and Pennines. Best sun in the west, aside from slow-moving cloudy zone of western Argyll.

Headline for Southern Uplands

Low cloud in the east, slow rise to clear tops PM. Sunny and clear in west.

Detailed Forecast for Wednesday, 20 August, 2025

How windy? (On the summits)	Northeasterly 15-25mph. Tending to ease from west in afternoon.
Effect of wind on you?	Blustery, some buffeting gusts, and not necessarily on the highest tops. Sudden gusts to lower slopes. Feeling chilly.
How wet? (Precipitation and its impact)	Very little or no precipitation A little damp feel with isolated fine spots of drizzle under or in cloud in morning in the east.
Cloud on the hills?	Eastern morning cloud gradually clearing From dawn, extensive cloud sheet hills near and east of M74, above 500-600m. Bases will rise and slowly lift off tops towards or into the afternoon. Only patches on high tops west of M74.
Chance of cloud free summits?	90% in west, 60% in the east.
Sunshine? Air clarity (below cloud)	Extensive sun in the west. Patchy sun coming through in east after overcast morning. Very good visibility though a haze building around easternmost hills.
How Cold? (at 750m)	6 to 10C, coolest east. Feeling at or below freezing in the east in strongest winds.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 21 August	Friday 22 August
How windy? (On the summits) Effect of wind on you?	North-easterly 15mph at dawn, perhaps 20-25mph Cheviots, but easing to 10mph or less into afternoon. Becoming small, but marked chill at first, especially eastern hills.	North-westerly or variable 5 to 10mph, may lift to 15mph at times Galloway hills. Mostly negligible
How wet? (Precipitation and its impact)	Local drizzle, mainly morning. Dry, bar some spots of fine drizzle in the wind at times, mainly across eastern areas in the morning, before the cloud sheet thins and breaks.	Rain unlikely Scope for an isolated light shower. Otherwise dry.
Cloud on the hills? Chance of cloud free summits?	Extensive tops morning, lifting off afternoon. A fairly extensive cloud sheet through the morning, with bases around 700-800m, giving fog over tops. Bases will tend to lift off tops afternoon, with breaks forming. 40% lifting to 80%	Patches or banks, tending to lift off hills. Patches or in the west over Galloway banks at varying heights. Tending to burn off and lift through the morning, to leave hills mostly clear in the afternoon. Lifting to 80%
Sunshine? Air clarity (below cloud)	Mostly cloudy morning, then brightening up afternoon with sun coming through. Visibility away from local drizzle, very good.	Patchwork of sunshine, skies may fill in with cloud for a time. Visibility very good.
How Cold? (at 750m) Freezing Level	6 or 7C at dawn, lifting to 8 to 10C. Above the summits	8C lifting to 12C Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 21 August, 2025

High pressure dominates through this week, with initial north-easterly winds, easing out as the high builds overhead with lighter winds. With a cooler air-mass in place, widely chilly dawns, with a slight frost for some valleys and glens, especially in the Highlands. Banks of cloud coming and going on the hills, with periods of sunshine, generally best in the west. Wind and rain may edge off the Atlantic into next week, but much uncertainty in detail and timing of this change.

Forecast issued at 16:33 on Tuesday, 19 August, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.