

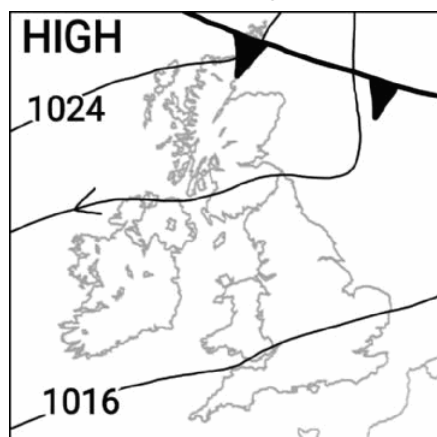
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Tuesday, 19 August, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 19 August, 2025

A cooler feeling day with a rather gusty east to north-east airflow. An extensive cloud sheet, with local drizzle, covering many hills from dawn, but some westernmost hills still clear. Low cloud will burn back to eastern and northern hills, with sun most widely in the west, but low cloud persisting for parts of coastal western Scotland.

### Headline for Southern Uplands

Breezy and feeling cooler. Cloud sheet covering hills, clearer in the west.

## Detailed Forecast for Tuesday, 19 August, 2025

<b>How windy? (On the summits)</b>	East-northeasterly 15 to 20mph, but gusty 25-30mph around some higher terrain, notably near Central Belt.
<b>Effect of wind on you?</b>	<b>Noticeably breezy and feeling cool in exposure, gusts on some slopes may start to affect comfortable walking.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain unlikely</b> Local pockets of drizzle possible around cloud banks, mainly toward east in the morning.
<b>Cloud on the hills?</b>	<b>Clearer in the west, most persistent east</b> Low cloud most persistent eastern areas in the morning, base 500-600m, locally lower near North Sea. Patchier cloud west from the M74 corridor, where best clearances for Galloway. Cloud sheet persisting in east and often capping tops.
<b>Chance of cloud free summits?</b>	<b>30% east, 80% west.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Cloud extensive morning, but sunny breaks best in the west. May come through more widely afternoon. Visibility good below cloud, very good in west.
<b>How Cold? (at 750m)</b>	8 to 12C, warmest furthest west, coolest in east and if in cloud, changing little; lowering into night from east to 6C.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Wednesday 20 August	Thursday 21 August
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Northeasterly 10-20mph. Tending to ease from the west as the day goes to 15mph or less.  <b>Fairly small, some buffeting gusts over high tops early in the day, particularly Galloway. Feeling chilly east.</b>	North-easterly 15mph at dawn, perhaps 20-25mph Cheviots, but easing to 10mph or less into afternoon.  <b>Becoming small, but marked chill at first, especially eastern hills.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>Local drizzle, mainly morning.</b>  Dry, bar some spots of fine drizzle in the wind at times, mainly across eastern areas in the morning, before the cloud sheet thins and breaks.
<b>Cloud on the hills?</b>	<b>Eastern morning cloud gradually clearing</b>  From dawn, patchy cloud over high terrain of the Borders, more extensive over easternmost hills/Cheviots above 600m. Only patches on high tops west of M74. Cloud tends to break and lift clearing most or all high eastern tops.	<b>Extensive tops morning, lifting off afternoon.</b>  A fairly extensive cloud sheet through the morning, with bases around 700-800m, giving fog over tops. Bases will tend to lift off tops afternoon, with breaks forming.
<b>Chance of cloud free summits?</b>	<b>40% east in the morning; rising to 90% widely</b>	<b>40% lifting to 80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchy sunshine, increasingly extensive. Very good visibility though a haze building around easternmost hills.	Mostly cloudy morning, then brightening up afternoon with sun coming through. Visibility away from local drizzle, very good.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	6 to 10C, coolest east. Feeling at or below freezing in the east in strongest winds.  Above the summits	6 or 7C at dawn, lifting to 8 to 10C.  Above the summits

## Planning Outlook

## All mountain areas of Britain from Wednesday, 20 August, 2025

High pressure centred toward the northwest this week, before building overhead again toward weekend. East to northeasterly winds prevailing, gusty for periods, easing out later in week. Extensively dry with sunshine best in west, low cloud for periods northern and eastern mountains with occasional drizzle. Still very dry underfoot with significant fire risk. Turning cooler through midweek, mountain temperatures falling, chilly into the valleys and glens pre-dawn, risk slight frost in Highland glens. Fine weather likely next weekend too; will likely begin to break down from the west into the following week, but uncertainty on timings of such a transition.

## Forecast issued at 16:31 on Monday, 18 August, 2025

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