

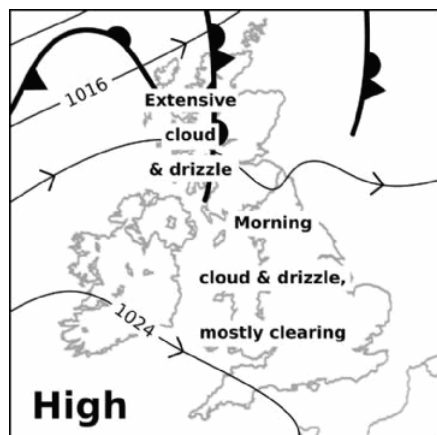
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 9 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 9 July, 2025

Extensive cloud and drizzle near the all western coasts; improving in the afternoon when only a few patches remain, most extensive on the Cuillin where it will also be windy. Cloud base higher well inland with occasional breaks; clearing Peak District and parts of Wales. Feeling cool in Scotland and mild in England and Wales.

### Headline for Southern Uplands

Western summits shrouded and drizzle, especially morning

## Detailed Forecast for Wednesday, 9 July, 2025

<b>How windy? (On the summits)</b>	Westerly 15 to 20mph, up to 25mph for a time in the morning near the Cheviots and Lothians.
<b>Effect of wind on you?</b>	Fairly small, but feeling breezier early in the day on higher terrain. Some gustiness in the Borders and Lothians.
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly rain mostly morning</b> Drizzle over hills in Dumfries and Galloway in morning, patchy light rain extending east for a time. Tending to fade out in afternoon, but leaving fine drizzle where in cloud.
<b>Cloud on the hills?</b>	<b>Extensive, some improvement</b> Shrouding hills widely in morning, bases 400-600m, lowest in west, to some lower slopes for a time. Base rising a little, breaks forming eastwards by mid-afternoon, but likely to linger across western hills.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, glimpses of sun developing mostly eastern areas. Visibility becoming good below cloud.
<b>How Cold? (at 750m)</b>	11C, rising to 13C west, 15C toward east afternoon, humid. Feeling a touch cooler in the wind.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Thursday 10 July	Friday 11 July
<b>How windy? (On the summits)</b>	West to southwesterly 10 to 15ph, to gusty 20mph around some tops.	Southerly 10 to 15mph.
<b>Effect of wind on you?</b>	<b>Mostly small. Comfort of walking may be affecting during gusts.</b>	<b>Small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>Rain not expected</b>
<b>Cloud on the hills?</b>	<b>Low cloud tending to break up</b>  Covering western hills to lower elevations in the morning, patchier eastwards. Cloud base gradually rising to upper slopes, breaks forming more widely into afternoon. Patches may linger in Galloway.	<b>Little or no cloud</b>  Any patches in the morning in Galloway soon burning off.
<b>Chance of cloud free summits?</b>	<b>20% rising to 60%, or 80% east.</b>	<b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy morning, misty for a time. Some sun breaking through, best in east. Visibility increasingly very good.	Widespread sunshine through thin high-level cloud; beware sunburn and dehydration. Excellent visibility.
<b>How Cold? (at 750m)</b>	12C rising to 16C.	16 to 18C in the afternoon, warmest in east. Feeling a touch cooler in the wind.
<b>Freezing Level</b>	Above the summits.	Above the summits.

## Planning Outlook

### All mountain areas of Britain from Thursday, 10 July, 2025

A humid southwesterly wind midweek produces extensive low cloud across west and northwest Scotland with some drizzly rain. Drier with sun and broken cloud in eastern Scotland, improving in southern areas. High pressure expanding over England and Wales brings more sunshine and draws in increasingly very warm air again in the later part of this week; higher temperatures and more sunshine extending into Scotland with time. A fine and very warm weekend in prospect, low risk of thundery showers forming toward the west. Cooler with a greater risk of showers early next week.

### Forecast issued at 16:30 on Tuesday, 8 July, 2025

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