

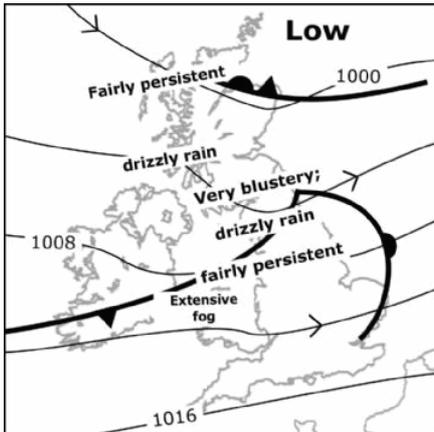
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 24 June, 2025



British Mountain Summary:

Based on forecast chart for noon 24 June, 2025

Frequent rain/drizzle onto most west coastal slopes, steadier rain for a time in the morning slipping east. High terrain mostly foggy, down to lower slopes in places along west coasts; best of breaks east Scotland and North Pennines. Blustery for most with risk of gales high terrain of England and north Wales.

Headline for Southern Uplands

Patchy rain, more extensive at times; very blustery

Detailed Forecast for Tuesday, 24 June, 2025

How windy? (On the summits)	West to southwesterly 25 to 30mph, at times 35 or 40mph over high tops. Strongest sustained winds around midday may bring stronger gusts.
Effect of wind on you?	Very blustery over the hills, strenuous or arduous walking where exposed on high tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Patchy rain and drizzle, more persistent at times Patchy rain and drizzle for much of the day. May be frequent for a few hours in the morning with heavy moments. Often drizzly on high terrain in the west.
Cloud on the hills?	Fairly extensive early, lifting to mostly high terrain; west may remain foggy Covering the hills from mid-to-lower slopes up through morning. Bases will rise but likely to persist on higher areas in the west. Higher breaks mostly toward Pentland hills.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Mostly cloudy, glimpses of sun best in east. Visibility excellent below cloud away from rain.
How Cold? (at 750m)	8 or 9C, little change through the day if any. Local areas around the Cheviots may be slightly warmer. Feeling near freezing in the wind.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Wednesday 25 June	Thursday 26 June
How windy? (On the summits) Effect of wind on you?	Westerly, shifting southerly, 15 to 20mph, occasional 25mph higher slopes. Local breezes up to 30mph around nightfall. Fairly small.	Westerly 25-30mph. Shifting southwesterly into evening and rising towards 40-45mph or higher from the west. Walking impeded in strongest winds, becoming arduous into evening. Marked wind chill.
How wet? (Precipitation and its impact)	Small amounts of rain, risk wetter later Occasional drizzly showers, mainly Dumfries and Galloway. Into nighttime, more persistent rain likely to develop from southwest.	Morning patchy rain, then mostly dry Patchy rain drifts eastward through the morning; rain may be fairly persistent east of M74 for a time. Becoming substantially dry afternoon. A few odd showers may pass from the west. Risk of rain setting in again from the west
Cloud on the hills? Chance of cloud free summits?	Lifting from many hills Covering many higher slopes in the morning, some patches to 500-600m near Solway. Cloud base tending to rise, breaks forming to tops, clearer north & east. Lowering more widely in west later if rain occurs. 80% for a time	Clearing west-to-east through the morning Fairly extensive over high terrain of Galloway early, more patchy towards the east. Soon breaking and lifting off summits of Galloway; Borders and eastward will be slower to clear. Some caps may return to high tops of Galloway into evening. Becoming 90%
Sunshine? Air clarity (below cloud)	Occasional sun best Lothians to Cheviots. Visibility good out of cloud, very good further north and east.	Sun gradually becoming frequent through morning. Excellent visibility.
How Cold? (at 750m) Freezing Level	8C rising to 11C. Locally warmer areas around the Lothians and Cheviots. Above the summits	11C at daybreak. Cooling slightly through the day; coolest west of M74, locally 9C. Feeling near freezing in strongest wind. Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 25 June, 2025

West to southwesterly winds prevail this week and a series of frontal systems come in from the Atlantic. Rain and drizzle most frequent in west with low cloud often covering hills, typically most extensive in Scotland. Higher cloud bases and drier further eastwards. Temperatures near average, or lower at times in Scotland. Often windy, risk of more extensive upland gales and some heavier rain as deeper areas of low pressure likely move in later in the week. Some indication of a brief settled spell into the weekend and rising temperatures, though northwest Scotland remaining at risk of frontal weather systems.

Forecast issued at 16:28 on Monday, 23 June, 2025

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