

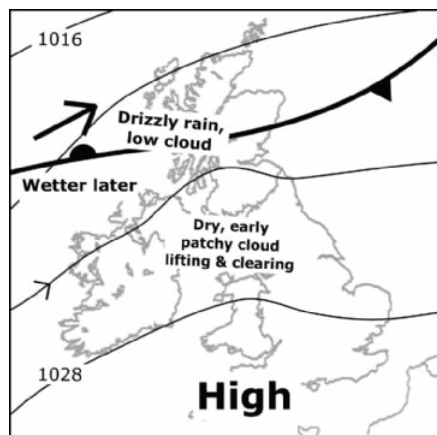
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 16 June, 2025



British Mountain Summary:

Based on forecast chart for noon 16 June, 2025

A front draped over the Highlands brings low cloud and drizzly rain to western areas, heavier rain pushing northwards in the afternoon. Southwesterly winds will strengthen later in Scotland, becoming gales on higher mountains by evening. Dry with sunny spells and cloud clearing the tops in England & Wales.

Headline for Southern Uplands

Breezy, strengthening later. Cloud over western hills lifting with time.

Detailed Forecast for Monday, 16 June, 2025

How windy? (On the summits)	West then southwesterly, 20-25mph, up to 30mph high tops early morning, mainly eastern hills. Strengthening again toward evening, reaching 40mph high tops up to dusk.
Effect of wind on you?	Blustery over higher hills, affecting comfortable walking on exposed tops, deteriorating later in day to become more arduous with marked wind chill.
How wet? (Precipitation and its impact)	Rain unlikely Chance a rare pocket of drizzle Galloway hills in morning.
Cloud on the hills?	Low cloud in west, slowly clearing Cloud banks fairly widespread Dumfries and Galloway above 500-600m, higher and patchier eastwards. Gradually lifting and starting to break up during the afternoon, may substantially clear later in day.
Chance of cloud free summits?	30% west, 60% east; rising to 80% later.
Sunshine? Air clarity (below cloud)	Fairly cloudy, a little sun mostly east and very good visibility. Mistier morning western hills, improving during afternoon; visibility good below cloud.
How Cold? (at 750m)	11C, locally 13C in east afternoon. Will feel only just above freezing point directly in the wind early and late.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 17 June	Wednesday 18 June
How windy? (On the summits)	West to southwesterly 20 to 25mph, up to 30-35mph for a time early in day.	West to southwesterly 20 to 25mph.
Effect of wind on you?	Breezy, starting to affect comfortable walking on exposed on high tops, risk more strenuous in morning.	Fairly small, but may feel blustery and rather cool in exposure on higher tops.
How wet? (Precipitation and its impact)	Early showers fading A band of showery rain passing southeastwards from dawn over a few hours into early morning, fading to just brief showers, largely dry by middle of day.	Rain not expected
Cloud on the hills?	Lifting and clearing Covering higher slopes during early rain, bases 600m or briefly lower in west. Bases soon rising and cloud breaking up to clear most or all hills by late morning.	Possibly on western tops for a time Patchy cloud banks may drift over Galloway hills above 500-600m in morning, lifting to upper slopes and mostly clearing. Rare patches on high tops further east.
Chance of cloud free summits?	80%	70%
Sunshine? Air clarity (below cloud)	Cloudy start, patchwork of sun coming through. Visibility becoming excellent.	Glimpses of sun, best toward Borders. Visibility very good below cloud.
How Cold? (at 750m)	9 to 11C.	7C rising to 10C.
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 17 June, 2025**

Humid southwesterly winds early this week brings low cloud and spells of drizzly rain to western hills. High pressure to the south will tend to expand northwards during midweek, with dry conditions and warm air for all regions, sunshine and fair-weather cloud. Winds becoming light south to southeasterlies later in the week. Uncertainty by next weekend into early the following week, a risk of some rain or showers returning as pressure tends to fall.

Forecast issued at 16:00 on Sunday, 15 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.