

Southern Uplands

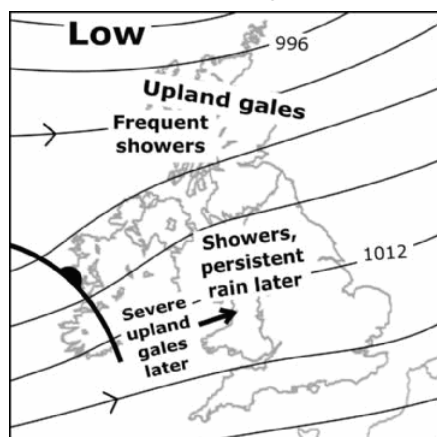
The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 26 May, 2025



British Mountain Summary:

Based on forecast chart for noon 26 May, 2025

Gales widespread over the mountains, during afternoon in Wales strengthening to become increasingly severe on tops. Showery bursts, most frequent in the west, hail and isolated thunder. Merging into constant and heavier rain for England, Wales and southwest Scotland later.

Headline for Southern Uplands

Windy, gales high tops; heavy showers, wetter later.

Detailed Forecast for Monday, 26 May, 2025

How windy? (On the summits)	Southwesterly 30 to 40mph, speeds variable through day.
Effect of wind on you?	Frequent buffeting across the hills, making walking uncomfortable on exposed terrain. Significant wind chill.
How wet? (Precipitation and its impact)	Showers becoming widespread Showers mostly western areas early in the day, but developing increasingly widely, more frequent bursts of rain through into afternoon, small chance isolated lightning. More persistent rain evening-night.
Cloud on the hills?	Mostly western tops, lowering in rain Cloud likely to come and go over higher slopes, more frequent in Galloway above 700m. Clearer in east in morning. Patches capping tops widely around showers. More extensive later in constant rain.
Chance of cloud free summits?	30% Galloway, to 70% eastern hills.
Sunshine? Air clarity (below cloud)	Occasional sun mostly morning and in east, then just brief bursts of sun. Visibility excellent for periods, but suddenly poor in showers.
How Cold? (at 750m)	3C rising to 5C. Wind chill feeling like -7C on tops.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Tuesday 27 May	Wednesday 28 May
How windy? (On the summits) Effect of wind on you?	West to southwest 25-30mph in morning easing southerly 15-20mph afternoon. Small risk increasing by evening. Blustery on high tops in morning, but improving for a time.	Westerly 20 to 25mph, possibly over 30mph for a few hours from dawn. Starting to affect comfortable walking where exposed on highest tops. More blustery at first. Marked wind chill.
How wet? (Precipitation and its impact)	Risk of rain developing Isolated brief showers near west coasts in morning, fading. Some uncertainty - but threat of rain developing from the southwest afternoon, setting in heavier with time.	Isolated showers Often dry, one or two brief light showers. Into night, risk of heavy rain moving in from the southwest.
Cloud on the hills?	Mostly little, lowering in rain Occasional patches mostly high tops in the morning, lifting above most hills for several hours. Later where rain develops, cloud lowering to blanket the hills, particularly southern areas Dumfries & Galloway.	Soon above the hills Patches briefly on some higher tops in the morning, all lifting above the summits.
Chance of cloud free summits?	80%, later 30%	70% rising above 90%
Sunshine? Air clarity (below cloud)	Glimpses of sun giving way as high cloud builds. Visibility very good, but becoming poor where rain arrives.	Broken cloud and sun; cloud filling in for periods, sunnier later near coasts. Visibility very good.
How Cold? (at 750m) Freezing Level	4C rising to 7C. Above the summits	4C rising to 7C. Wind chill feeling sub-zero in morning, risk nearer -5C at first. Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 27 May, 2025**

Changeable conditions this week with low pressure and frontal systems passing west to east. West to southwesterly winds prevailing, speeds varied, but gale force for periods on the mountains. Spells of rain and showers, some periods of sustained heavier rain. Cloud often shrouding higher terrain. Better toward the east and northeast of Scotland. Generally rather cool for Scotland, near freezing on highest summits early in week, then a little milder, or warmer further south over England & Wales. Some improvements in conditions especially in southern areas as pressure builds at times, but mixed westerlies are likely to prevail into the start of June.

Forecast issued at 16:00 on Sunday, 25 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.