

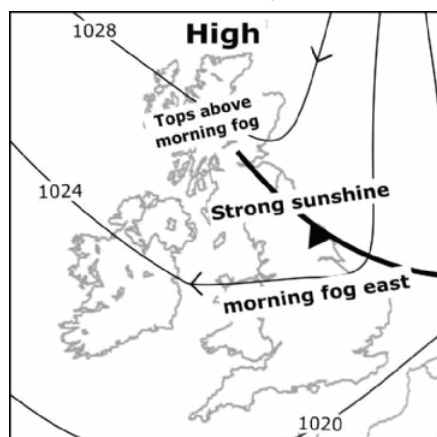
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 14 May, 2025



British Mountain Summary:

Based on forecast chart for noon 14 May, 2025

Misty low cloud in central and east Scotland in the morning; high terrain above the cloud layer. Morning low cloud east of the Pennines as well, most tops shrouded. Cloud fading to strong warm sun nearly all mountains by afternoon. Notable gusts, increasing into evening along the Pennines. Cloud-free in western areas and Wales.

Headline for Southern Uplands

Sea fog around Cheviot fades; gusty breezes

Detailed Forecast for Wednesday, 14 May, 2025

How windy? (On the summits)	Easterly 15-20mph, gusts to 25mph. Easternmost areas seeing northeasterly winds. Turning northeasterly for most as evening approaches, increasing to a gusty 25-30mph.
Effect of wind on you?	Comfortable walking affected, becoming impeded in the later afternoon. Gusts will cause stability challenges in exposed areas.
How wet? (Precipitation and its impact)	No rain Possibly misty drizzle early in day if in low cloud toward the Cheviots.
Cloud on the hills?	Early misty low cloud east North sea low cloud fairly extensive into early morning M74 corridor eastwards, fog into some valleys in east. Highest summits may just poke above this layer around dawn. Lifting and thinning, then dispersing middle of day.
Chance of cloud free summits?	50% rising to 90% east; above 90% all day west.
Sunshine? Air clarity (below cloud)	Strong sunshine increasingly widespread, cloudy start in east. Some thin high cloud. Visibility becoming excellent after early mist or haze.
How Cold? (at 750m)	7C from dawn (small change with height); reaching 9C east, 13C western hills afternoon.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 15 May	Friday 16 May
How windy? (On the summits) Effect of wind on you?	North to northeasterly 15 to 25mph, gusty in places. Strongest eastern hills, some gusts reaching 35mph over tops. Fairly small, strongest gusts in eastern areas will challenge stability, feeling rather cool.	Northeasterly 15-25mph, highest winds around dawn. Winds remain on high end of range near east coast. Notable gusts. Fairly small, though walking at times impeded in eastern areas, particularly in gusty bursts.
How wet? (Precipitation and its impact)	No rain	Likely none If any, only some fine misty drizzle around the Cheviot at and soon after dawn.
Cloud on the hills?	Possible low cloud east; clear west Risk banks of cloud from the North Sea covering eastern hills for periods, possibly frequent into the Cheviots. Further west, little if any.	Sea fog near Cheviot/Lothians Sea fog on and around the Cheviot and Lothians at dawn, only small chance of highest peaks out of cloud. Becoming patchy, but may be fairly persistent much of the day. Clear from the Borders westward.
Chance of cloud free summits?	Above 90% west; 50% easternmost hills	Above 90%, 60% Cheviot
Sunshine? Air clarity (below cloud)	Largely sunny and visibility excellent west. Cloudier and locally misty further toward the east coast.	Extensive warm sunshine for most, only glimpses of sun if any near the Cheviot. Excellent visibility.
How Cold? (at 750m) Freezing Level	6C rising as high as 12C Galloway, but easternmost hills stay cooler all day, where feeling near freezing in the breeze. Above the summits	7 or 8C, rising to 13C. Temperatures on hills around the Cheviot and Lothians may rise little if at all. Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 15 May, 2025

High pressure persists north of Britain this week into the weekend bringing dry, warm and sunny weather. East to northeasterly winds prevail, at times strong and gusty, mainly England and Wales. Some coastal fog and low cloud drifting inland from the North Sea will affect eastern areas in the mornings (high terrain in Scotland often above the cloud layer), largely dispersing through middle of daytimes. Highest temperatures typically toward the west. Very dry ground conditions, beware high risk of fire.

Forecast issued at 15:22 on Tuesday, 13 May, 2025

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