

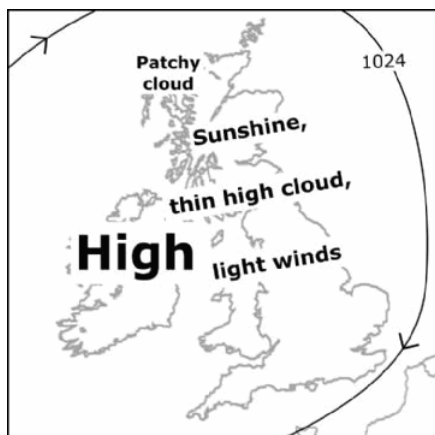
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 6 May, 2025



British Mountain Summary:

Based on forecast chart for noon 6 May, 2025

Fine with strong sunshine for most places, beware sunburn. A little fair-weather cloud into the afternoon. Warming up after a chilly start with frost. Cloud banks affect west coastal mountains north from Mull in the morning, tending to lift and thin with time. Light winds overall.

Headline for Southern Uplands

Mostly sunny, light breezes.

Detailed Forecast for Tuesday, 6 May, 2025

How windy? (On the summits)	Westerly 10mph or less, occasional 15mph Galloway hills and sometimes Pentlands.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	No rain
Cloud on the hills?	Not expected
Chance of cloud free summits?	Practically certain
Sunshine? Air clarity (below cloud)	Extensive or unbroken sunshine. Excellent or superb visibility.
How Cold? (at 750m)	4C at dawn; rising as high as 12C afternoon.
Freezing Level	Above the summits, but at dawn frost many upland and lowland valleys.

Southern Uplands - Looking Ahead

	Wednesday 7 May	Thursday 8 May
How windy? (On the summits) Effect of wind on you?	East to northeasterly 10mph, increasing a little later in day to 15mph, possibly 20mph on The Cheviot. Mostly small, but feeling increasingly chilly later as the breeze freshens.	Easterly 10-15mph, in places gusty 20mph. Small, but feeling cool on exposed higher terrain, especially morning.
How wet? (Precipitation and its impact)	No rain	Rain not expected
Cloud on the hills? Chance of cloud free summits?	Little or none Patches may cap some higher eastern tops in the morning, lifting above the hills. 90%	Lifting and clearing east; little if any west Banks of cloud rolling over some eastern tops early morning, tending to thin and disperse to leave cloud widely above hills. 80%
Sunshine? Air clarity (below cloud)	Sun and high cloud, best in west; patchy cloud east, filling in more widely afternoon. Visibility excellent.	Sun best in west in morning, some fair-weather cloud building. Eastern hills cloudier in morning, some sun breaking through. Visibility widely excellent.
How Cold? (at 750m) Freezing Level	4C at dawn rising as high as 11C by afternoon, though around the Cheviot only 6C; later in breeze feeling near freezing. Generally above the summits, but at dawn near freezing with slight frost both in the valleys and on sheltered higher terrain.	3C, rising to 6C Cheviots, up to 9C Galloway. Feeling below freezing in the wind in morning, particularly eastern hills. Generally above the summits, but just at dawn slight frost some valleys and sheltered higher terrain.

Planning Outlook

All mountain areas of Britain from Wednesday, 7 May, 2025

A quiet spell of weather as high pressure continues to dominate over the British Isles this week and very possibly well into next week too. Generally dry conditions, low risk of an isolated afternoon shower. Winds mostly light, direction variable. Chilly nights with frost in valleys and sheltered higher terrain. Becoming pleasantly warm into the afternoons. Sunshine and variable cloud, at times covering the sky, but generally above the mountain tops with excellent visibility. Very dry ground conditions, beware high risk of fire.

Forecast issued at 16:00 on Monday, 5 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.