

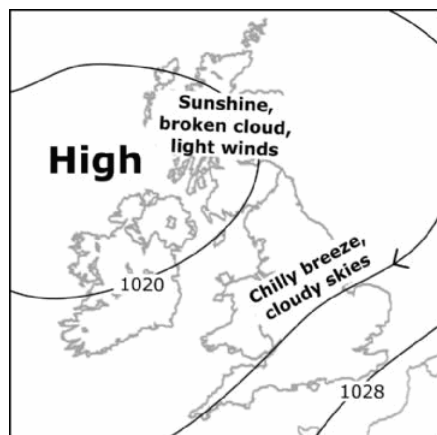
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 5 May, 2025



British Mountain Summary:

Based on forecast chart for noon 5 May, 2025

Fine with light winds for the Highlands, sunshine and the mountains largely free of cloud; starting chilly, warming up into afternoon. Chilly northeasterly winds England & Wales in the morning, easing gradually; fairly cloudy skies south & east Pennines, locally a shower.

Headline for Southern Uplands

Patchy cloud, sunnier west. Light winds.

Detailed Forecast for Monday, 5 May, 2025

How windy? (On the summits)	Direction varied, mostly northeasterly in the morning, 10-15mph at first, strongest Cheviots; becoming often below 10mph.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	Rain very unlikely most areas Possibly a brief light shower eastern hills in the morning.
Cloud on the hills?	Little if any Patches may cap The Cheviot top occasionally in the morning, then lifting above.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Sunshine best in west in morning; although cloud filling in at times especially Borders. Superb visibility.
How Cold? (at 750m)	0C from dawn; rising to 7C central and western areas, but only 4C The Cheviot.
Freezing Level	Above the summits, but post dawn, frost some valleys.

Southern Uplands - Looking Ahead

	Tuesday 6 May	Wednesday 7 May
How windy? (On the summits)	Direction varied 10mph or less.	East to northeasterly 10mph, increasing a little later in day to 15mph, possibly 20mph on The Cheviot.
Effect of wind on you?	Negligible	Mostly small, but feeling increasingly chilly later as the breeze freshens.
How wet? (Precipitation and its impact)	No rain	No rain
Cloud on the hills?	Not expected	Little or none Patches may cap some higher eastern tops in the morning, lifting above the hills.
Chance of cloud free summits?	Practically certain	90%
Sunshine? Air clarity (below cloud)	Extensive or unbroken sunshine. Excellent or superb visibility - slight haze Borders.	Sun and high cloud, best in west; patchy cloud east, building a little elsewhere. Visibility excellent.
How Cold? (at 750m)	4C at dawn; rising as high as 12C afternoon.	4C at dawn rising as high as 11C by afternoon, though around the Cheviot only 6C; later in breeze feeling near freezing.
Freezing Level	Above the summits, but at dawn frost many upland and lowland valleys.	Generally above the summits, but at dawn near freezing with slight frost both in the valleys and on sheltered higher terrain.

Planning Outlook**All mountain areas of Britain from Tuesday, 6 May, 2025**

High pressure continues to reside over the British Isles during the week ahead, maintaining generally dry conditions, low risk of an isolated afternoon shower. Winds mostly light, direction variable. Chilly nights with frost in valleys and sheltered higher terrain. Becoming pleasantly warm into the afternoons. Sunshine and variable cloud, at times covering the sky, but generally above the mountain tops with excellent visibility. Very dry ground conditions almost everywhere, beware high risk of fire.

Forecast issued at 16:00 on Sunday, 4 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.