

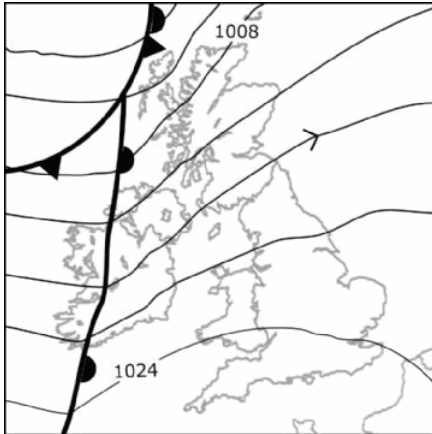
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Saturday, 29 March, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 29 March, 2025

Deteriorating rapidly as a front, particularly active in western Scotland, brings precipitation and upland gales - or on Scottish highlands storm force winds. Heavy snow for a few hours mainly western Scotland, mostly rain elsewhere. Total rainfall small south toward S Pennines and Wales.

#### Headline for Southern Uplands

Deteriorating quickly middle of day: upland wind near gale; rain and snow.

## Detailed Forecast for Saturday, 29 March, 2025

<b>How windy? (On the summits)</b>	Increasingly windy after a morning lull when westerly less than 20mph. Into afternoon southwest 35, perhaps 45mph.
<b>Effect of wind on you?</b>	<b>Walking becoming arduous or difficult and wind chill significant.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain spreading east afternoon</b> Substantially dry until midday. Then 2 or 3 hours of rain Galloway and soon Dumfriesshire and summits immediately east of the upper Tweed. Will then ease to showers. Further east the afternoon rain on and off Borders before largely clearing.
<b>Cloud on the hills?</b>	<b>Extensive, particularly in rain</b> Cloud base typically 800m temporarily late morning. Will then lower, mainly Dumfries and Galloway and immediately east of the upper Tweed, to around 300 or 400m (lower near Solway). Mostly above 400m near Lothians and The Cheviot.
<b>Chance of cloud free summits?</b>	<b>30% dropping to 10%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Patches of sunshine, mainly Borders, will soon give way as cloud thickens. Excellent visibility but very poor in rain.
<b>How Cold? (at 750m)</b>	0C rising to 2C. Will feel as cold as minus 10C directly in the wind.
<b>Freezing Level</b>	750m before lifting above the summits from west through afternoon.

## Southern Uplands - Looking Ahead

	Sunday 30 March	Monday 31 March
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Northwesterly slowly easing from 40-50mph (strongest Borders) post dawn to 25-35mph evening, when will back <b>Considerable buffeting and wind chill higher up, particularly morning, when balance difficult in places.</b>	West or southwesterly 15 to perhaps 20mph or possibly 25mph highest tops and near central belt. <b>Mostly fairly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain very unlikely</b> Risk of a brief light shower; and toward dusk a little drizzle Galloway.	<b>Little or probably no rain</b> Chance Dumfries and Galloway of pockets of fine drizzle morning, most likely near Solway.
<b>Cloud on the hills?</b>   <b>Chance of cloud free summits?</b>	<b>Confined to higher tops: may clear nearly all summits afternoon</b>  By late morning cloud base typically 650 to 800m west of M74 and above the summits elsewhere. Toward dusk, west of M74, may begin to form on lower slopes, at least near Solway.  <b>80%</b>	<b>Confidence low: Extensive morning; tending to break up from east.</b>  Fragments of, or extensive cloud, particularly Dumfries and Galloway morning will then all or nearly all clear. Near the Solar the cloud may be widely below 200m, only slowly lifting before perhaps eventually clearing.  <b>20% rising to 60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchy sunshine west of M74; sunnier Borders. Haze, mainly west of M74.	Sunshine coming through increasingly, particularly Borders but may be dull most of day near and west of M74. Very good or in afternoon excellent visibility.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	5C Rising slowly through the day. Will feel as cold as minus 8C directly in the wind.  Above the summits	7C.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Sunday, 30 March, 2025**

Pressure will rise across the UK early next week, bringing extensively dry and for a few days very warm weather - albeit on Monday the remnants of fronts will bring a little rain but extensive low cloud to some western mountains. Later next week, some forecasts suggest a marked drop in temperature levels as the high pressure shifts position to the north of Scotland.

**Forecast issued at 7:02 on Saturday, 29 March, 2025**

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