

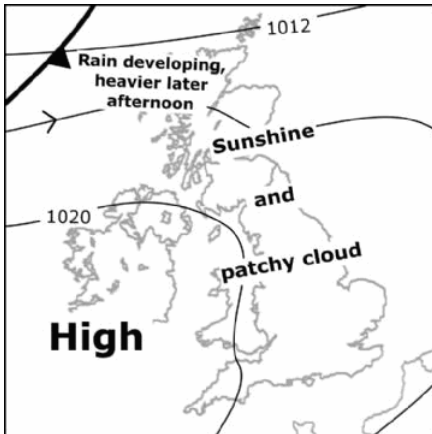
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 24 March, 2025



British Mountain Summary:

Based on forecast chart for noon 24 March, 2025

Westerly winds strengthening, reaching gale force over tops in the Highlands. Rain moves into northwest Scotland, setting in heavier during afternoon; patchy rain extending southeastwards later. Dry all daylight for England, Wales and southern Scotland, with good amounts of sunshine.

Headline for Southern Uplands

Wind increasing afternoon. Dry with sun and broken cloud.

Detailed Forecast for Monday, 24 March, 2025

How windy? (On the summits)	Westerly, 10 to 15mph in morning, then strengthening from west toward 25mph, or by dusk up to 35mph.
Effect of wind on you?	Small, then starting to affect comfortable walking with marked wind chill where exposed late in day.
How wet? (Precipitation and its impact)	Dry until evening A little patchy rain reaching Galloway from dusk into evening.
Cloud on the hills?	Very little Rare brief patches mid-morning, otherwise hills clear.
Chance of cloud free summits?	90%
Sunshine? Air clarity (below cloud)	Patchwork of sun - later high level cloud thickening from west. Excellent visibility.
How Cold? (at 750m)	2C rising to 5C.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 25 March	Wednesday 26 March
How windy? (On the summits)	Northwesterly 20 to 25mph.	Southwesterly, strengthening 25 to 35mph, possibly 40-45mph higher western tops toward evening.
Effect of wind on you?	Fairly small, but feeling blustery and cool where exposed around higher tops.	Increasingly blustery, affecting comfortable walking, becoming more strenuous with significant wind chill later.
How wet? (Precipitation and its impact)	Dry all day Remnants of overnight rain clearing before dawn to leave a dry day.	Rain unlikely until evening Risk of rain developing from the west by dusk onward into night.
Cloud on the hills?	Very little Brief patches over higher slopes in the morning, lifting to be above the hills.	Mostly clear, local patches Mist in some valleys and patchy cloud on some hill slopes from dawn into early morning. May come and go on western tops for a few hours, but many hills often clear.
Chance of cloud free summits?	80%	80%
Sunshine? Air clarity (below cloud)	Patchwork of sunshine, often sunny east. Visibility excellent.	A veil of high cloud with a little weak sun; cloud tending to thicken from west. Visibility very good.
How Cold? (at 750m)	4 to 7C. Wind chill feeling near/just below freezing.	3 to 5C. Wind chill feeling near -10C as speeds increase.
Freezing Level	Above the summits	Above the summits; possible slight frost some valleys at dawn.

Planning Outlook**All mountain areas of Britain from Tuesday, 25 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Frequently windy, periods of gale force wind over the mountains. Temperature varied, sometimes just below freezing on higher Scottish summits, with some showers of snow at times on the Munros - chillier more widely by Friday into Saturday as wind turns northwesterly for a time.

Forecast issued at 16:08 on Sunday, 23 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.