

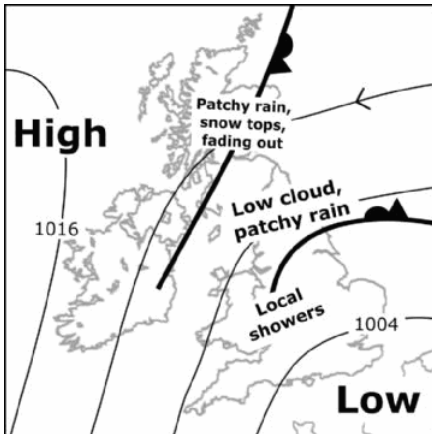
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Sunday, 23 March, 2025



British Mountain Summary:

Based on forecast chart for noon 23 March, 2025

Chilly north to northeasterly winds; air temperature near freezing on higher Scottish tops. Rain and mountain top snow in eastern Highlands gradually fading, but low cloud persists. Sunnier skies emerging in western Scotland. England & Wales sees patchy rain, drizzle and low cloud, local showers toward south.

Headline for Southern Uplands

Chilly wind. A little rain fading, low cloud breaking west.

Detailed Forecast for Sunday, 23 March, 2025

How windy? (On the summits)	Northeasterly 20 to 25mph, in places 30mph on high tops in morning.
Effect of wind on you?	Affecting ease of walking on higher areas; marked wind chill particularly morning.
How wet? (Precipitation and its impact)	Early patchy rain fading Overnight rain through to dawn, may linger for an hour or so in western areas, local pockets of drizzle further east. Fading to become substantially dry.
Cloud on the hills?	Extensive, although improving, particularly west of M74 Extensive cloud across the hills from dawn; improving slowly. West of M74, by afternoon cloud above 600-700m. East of M74: cloud sometimes below 400m morning, but mostly confined above 500m, later 650m afternoon.
Chance of cloud free summits?	In afternoon, 70% west to 20% east
Sunshine? Air clarity (below cloud)	Cloud thinning, allowing a little sun to come through, mainly in west. Starting dull, becoming very good visibility out of cloud.
How Cold? (at 750m)	3C; tending to rise slowly through the day. Wind chill feeling like -5C in morning.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Monday 24 March	Tuesday 25 March
How windy? (On the summits) Effect of wind on you?	Westerly, 10 to 15mph in morning, then strengthening from west toward 25mph, or by dusk up to 35mph. Small, then starting to affect comfortable walking with marked wind chill where exposed late in day.	Northwesterly 20 to 25mph. Fairly small, but feeling blustery and cool where exposed around higher tops.
How wet? (Precipitation and its impact)	Dry until evening A little patchy rain reaching Galloway from dusk into evening.	Likely dry all day Remnants of overnight rain clearing around or before dawn to leave a dry day.
Cloud on the hills?	Very little Rare brief patches mid-morning, otherwise hills clear.	Very little Brief patches over higher slopes in the morning, lifting to be above the hills.
Chance of cloud free summits?	80%	80%
Sunshine? Air clarity (below cloud)	Patchwork of sun - later high level cloud thickening from west. Excellent visibility.	Patchwork of sunshine, often sunny east. Visibility excellent.
How Cold? (at 750m) Freezing Level	2C rising to 5C. Above the summits.	4 to 7C. Wind chill feeling near/just below freezing. Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 24 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Wind speeds varied, but at times reaching gale force over the mountains. Temperature varied, occasionally just below freezing on higher Scottish summits, with some showers with snow at times on the Munros - possibly chillier for a few days around next weekend (29-30 March).

Forecast issued at 16:26 on Saturday, 22 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.