MOUNTAIN WEATHER INFORMATION SERVICE

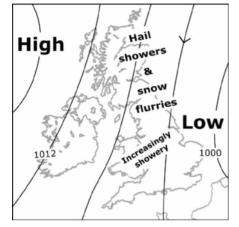
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 12 March, 2025



British Mountain Summary: Based on forecast chart for noon 12 March, 2025

Northerly winds will feel bitterly cold across the mountains. Showers running inland from north-facing coasts in the morning, developing more widely inland through the daytime, falling as hail and snow often toward lower slopes, some locally heavier showers particularly Pennine areas afternoon.

Headline for Southern Uplands

Snow and hail mostly eastern hills. Cold wind.

Detailed Forecast for Wednesday, 12 March, 2025

How windy? (On the summits)	Northerly typically 25mph, but mainly Borders, perhaps a gusty 35mph.	
Effect of wind on you?	Considerable wind chill. Higher up widely impeding ease of walking and particularly Borders balance sometimes difficult.	
How wet? (Precipitation and its impact)	Frequent hail and snow, mainly Borders Hail and snow showers frequent at times Borders and Cheviots; locally snow almost constant for periods giving several centimetres. Snow showers or flurries probably few toward Galloway.	
Cloud on the hills? Chance of cloud free summits?	 Extensive Borders morning; otherwise very little Borders: Cloud base varying; patches below 500m widely morning and patches below 300m. Will largely clear afternoon. Dumfries and Galloway: Fragments on higher slopes Moffat area, but otherwise hills extensively cloud free. 20% Borders to 80% Galloway 	
Sunshine? Air clarity (below cloud)	Bursts of bright sunshine, more frequent sun Galloway. The air very clear, but expect appalling visibility in snow, mainly Borders.	
How Cold? (at 750m) Freezing Level	-1C; tending to rise slowly through daylight. Wind chill feeling like -8C. 500m slowly rising to 700m. Frost some valleys after dawn.	

Southern Uplands - Looking Ahead

	Thursday 13 March	Friday 14 March
How windy? (On the summits)	Northerly 15 to 20mph, strongest eastern hills, local 25mph Borders.	Northeasterly 15-25mph. Some gustiness near Central Belt.
Effect of wind on you?	Fairly small, but notable wind chill over higher terrain.	Fairly small, some inconvenient gusts.
How wet?	Risk hail flurries.	Showers east, mostly dry west
(Precipitation and its impact)	Occasional or isolated hail flurries afternoon. Mostly rain lower slopes.	Showers come and go on most terrain east of M74, snow over the hills, risk of hail on NE-facing slopes. Isolated showers west.
Cloud on the hills?	Mountains extensively cloud free	Mostly clear, some banks east
	Cloud rarely forming near 750m.	Morning low cloud banks near Lothians and Cheviots. Most terrain soon clear with occasional cloud bases touching high terrain.
Chance of cloud free summits?	80%	80%
Sunshine? Air clarity (below cloud)	Intermittent or in morning extensive bright sun. Excellent visibility.	Frequent sunshine, becoming extensive west. Excellent visibility, poor spells in showers.
How Cold? (at 750m)	Typically -1C - rising slowly through day.	-1C, rising a few degrees in the sun. Windward eastern slopes likely staying colder.
Freezing Level	500m, tending to rise to 750m. Frost valleys post dawn.	Terrain widely frozen in the morning. Rising above the tops though windward eastern slopes may see slow rising.

Planning Outlook

All mountain areas of Britain from Thursday, 13 March, 2025

Staying cold all week with frost overnight to lower slopes and valleys, then during the daytimes the freezing level lifting onto higher slopes. Showers of snow and hail becoming fewer and well scattered as higher pressure expands in from the north. The wind speed also lessening. A largely fine weekend ahead with light winds, sunshine, broken cloud, and very clear crisp air. Some showers may run into northern Scotland on stronger winds here. Next week, a shift back to milder southeasterlies, with some showery rain developing at times.

Forecast issued at 15:12 on Tuesday, 11 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.