

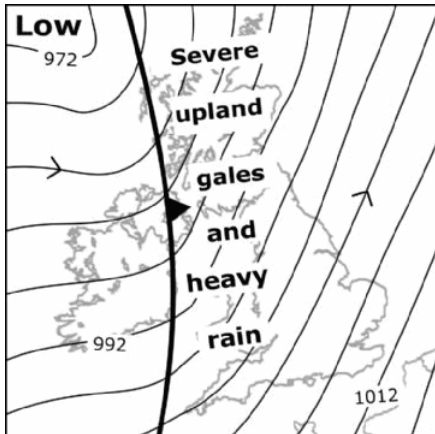
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Friday, 21 February, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 21 February, 2025

Severe conditions over the mountains, storm-force winds most of daylight. Wet all day most areas, heaviest rain on south-facing hill groups, risk of local flooding. Least rain toward far north of the Highlands. Cloud shrouding the hills widely. Well above freezing with an ongoing thaw.

### Headline for Southern Uplands

Stormy upland winds. Extensive rain, heavy west & central areas.

## Detailed Forecast for Friday, 21 February, 2025

<b>How windy? (On the summits)</b>	Southerly 60-80mph for most of daylight. Speeds moderating evening into night.
<b>Effect of wind on you?</b>	<b>Any mobility very difficult on higher terrain; walking challenging even on mid to lower slopes in exposure. Severe wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Very wet Dumfries &amp; Galloway, intermittent rain east.</b> Rain incessant and heavy on hills near and west of the M74. Easing a little into afternoon. Often raining further east as well; least rain near the Lothians. Very wet underfoot, streams in spate, risk local flooding western areas.
<b>Cloud on the hills?</b>	<b>Extensive south, clear spells Lothians</b> Low cloud will be extensive on southern slopes and high terrain. Higher bases with occasional breaks north of high terrain.
<b>Chance of cloud free summits?</b>	<b>10%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Overcast and dull, local brighter skies toward Lothians. Poor to very poor visibility.
<b>How Cold? (at 750m)</b>	7C, a degree or so warmer east. Cooling a few degrees in the west in the afternoon. Feeling as cold as -10C in wind.
<b>Freezing Level</b>	Above the summits.

## Southern Uplands - Looking Ahead

	<b>Saturday 22 February</b>	<b>Sunday 23 February</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	Southwesterly 25-35mph. Risk of strong gusts around Borders and Lothians.  <b>Walking strenuous at times, some balance challenges in higher winds. Notable wind chill.</b>	South to southwesterly 50 to 70mph, for periods over 80mph at least in gusts on higher summits.  <b>Severe conditions: mobility challenging across the hills, frequently knocking you off your feet where exposed higher up.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzle spells Galloway and Borders</b> Brief drizzle spells across Galloway hills. A few isolated drizzle spells in the Borders region.	<b>Heavy rain, showers later</b> Heavy rain setting in for Galloway around dawn, soon advancing eastwards to all areas, lasting several hours. Into afternoon, breaking up from west into clusters of showers.
<b>Cloud on the hills?</b>     <b>Chance of cloud free summits?</b>	<b>Frequent Galloway and southern slopes</b>  Cloud banks quite persistent on south-facing slopes, patchy with clear spells north and east. High terrain of Galloway often shrouded.  <b>50%</b>	<b>Extensive</b>  Shrouding the hills most or all day, lowest cloud bases to mid or some lower slopes for a few hours. Highest bases Pentland hills. Starting to lift to upper slopes as rain eases from west.  <b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun near Central Belt, otherwise little. Good to excellent visibility.	Overcast and dull, sun unlikely. Hazy, poor visibility in precipitation.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	3C. Feeling like -5C in wind.  Above the summits.	2C rising to 5C. Feeling like -10 to -15C due to wind chill.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Saturday, 22 February, 2025**

All terrain will have thawed by the weekend; very wet underfoot with several spells of heavy rainfall, highest totals on south & southwest-facing hills bringing local flooding. A relative improvement on Saturday for many places, but remaining windy, up to gale-force higher northern Scottish tops - rain still frequent around Skye. Deteriorating again into Sunday with further storm-force mountain winds. Chillier westerly winds prevail next week, a return to mostly sub-freezing conditions over Scottish Munros, whilst lower Scottish hills plus mountains in England & Wales will see some freeze and thaw. Showery conditions with hail and upland snow, mixed with occasionally more widespread precipitation.

**Forecast issued at 15:45 on Thursday, 20 February, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.