

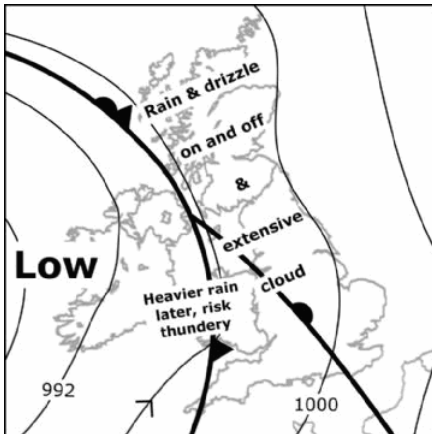
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Sunday, 6 October, 2024



### British Mountain Summary:

**Based on forecast chart for noon 6 October, 2024**

Damp southerly air brings a lot of cloud, with drizzle and pulses of rain drifting northwards. Lowest cloud on south-facing hill groups. Drier and higher cloud toward NW Scotland. A zone of heavier rain moves into Wales in afternoon, locally torrential, risk of thunder. Blustery S-SE'ly winds, feeling cool on higher terrain.

### Headline for Southern Uplands

Patchy rain, lowest cloud western areas. Breezy.

## Detailed Forecast for Sunday, 6 October, 2024

<b>How windy? (On the summits)</b>	Southerly 20 to 25mph, at times 30mph on higher tops.
<b>Effect of wind on you?</b>	<b>Prepare for marked wind chill on higher terrain, blustery in places which may start to affect comfortable walking.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain on and off</b> Pulses of rain drifting northwards, most frequent Dumfries and Galloway where may set in for periods. Drier for periods Borders to Lothians.
<b>Cloud on the hills?</b>	<b>Varied, lowest Galloway hills</b> Lowest and most persistent cloud on hills near the Solway, from 300-500m upward. Higher bases elsewhere often above 600m, with breaks above tops from Tinto to Lothians.
<b>Chance of cloud free summits?</b>	<b>10% southwest, to 60% east/north.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Fairly cloudy overall. Visibility good at times, reduced in rain.
<b>How Cold? (at 750m)</b>	6 to 8C, but feeling just below freezing if exposed to stronger winds on tops.
<b>Freezing Level</b>	Above the summits

**Southern Uplands - Looking Ahead**

	<b>Monday 7 October</b>	<b>Tuesday 8 October</b>
<b>How windy? (On the summits)</b>	Southerly 20 to 25mph.	Southeasterly 15 to 20mph, locally 25mph at times higher tops.
<b>Effect of wind on you?</b>	<b>Feeling chilly over the tops, breezy conditions may start to affect comfortable walking in exposure.</b>	<b>Fairly small, but feeling cool in exposure on higher terrain.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain on and off</b> Periods of showery rain tending to drift northwards across the region during the day, greater risk of more frequent rain in Dumfries & Galloway.	<b>Rain on and off</b> Periods of rain drifting northwest across the region, a mix of drizzle and some steady or locally heavier rain at times.
<b>Cloud on the hills?</b>	<b>Persistent toward Solway</b>  Most persistent low cloud on hills near and west of the M74, lowest toward Solway, bases 400-600m. Lowering elsewhere in rain, but breaks above many tops.	<b>Varied, often covering tops</b>  Banks of cloud frequently covering higher hills, bases around 600m, but lowering in rain. Toward Solway, perhaps also eastern Cheviots, for periods down to lower slopes.
<b>Chance of cloud free summits?</b>	<b>50%</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun, mainly Lothians.  Visibility at times good, but reduced in rain.	Mostly cloudy. Visibility good for periods, reduced in rain.
<b>How Cold? (at 750m)</b>	7 or 8C, but feeling near freezing if exposed to stronger breeze.	8C
<b>Freezing Level</b>	Above the summits	Above the summits

**Planning Outlook**

**All mountain areas of Britain from Monday, 7 October, 2024**

Areas of low pressure will influence all areas throughout the week ahead, bringing frequent rain and showers. Fairly mild conditions at first, but much colder air returns from the north from midweek, dropping widely below freezing over higher mountains, with showers of snow focused over Scottish mountains. A former Atlantic hurricane is likely track across southern Britain as a deep low, bringing a risk of heavy rain to England and Wales Wednesday-Thursday. Wind speeds very varied, some lulls early in the week, but midweek onward a risk of widespread gales or even stormy winds for a time - significant wind chill later week in strong northerlies.

**Forecast issued at 16:00 on Saturday, 5 October, 2024**

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