MOUNTAIN WEATHER INFORMATION SERVICE

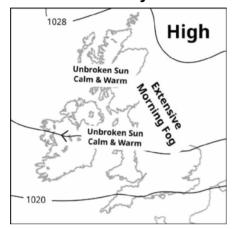
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 19 September, 2024



British Mountain Summary:

Based on forecast chart for noon 19 September, 2024

Dry and bright sunshine for almost all British hills. Patches of valley fog in the morning, especially near the coast, lakes or rivers. Warm, temperature rising to over 20C in most valleys. Light winds, sometimes hardly any wind. Excellent visibility, especially toward the north.

Headline for Southern Uplands

Dry, sunny, warm, valley fog in the morning

Detailed Forecast for Thursday, 19 September, 2024

How windy? (On the summits)	Easterly 10mph or less.	
Effect of wind on you?	Negligible	
How wet? (Precipitation and its impact)	Rain not expected	
Cloud on the hills?	Hills free of cloud - fog some lower slopes morning	
	Patches on some lower slopes especially toward Borders below (or well below) 450m morning, most often near rivers and close to the coasts.	
Chance of cloud free summits?	90%	
Sunshine?	Extensive or unbroken bright sunshine.	
Air clarity (below cloud)	y (below Ribbons of fog some valleys and perhaps lower slopes Borders morning. Excellent visibility.	
How Cold? (at 750m)	15C; several degrees colder upland valleys morning.	
Freezing Level	Above the summits.	

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Southern Uplands - Looking Ahead

	Friday 20 September	Saturday 21 September
How windy? (On the summits)	Easterly 15mph.	East to northeasterly, 10-20mph.
Effect of wind on you?	Small	Small.
How wet? (Precipitation and its impact)	Rain not expected	No rain expected
Cloud on the hills?	May form at times; perhaps widely Borders	Hills often clear
	Hills cloud free all day - particularly west of M74. However, there may well be very low cloud, the top of which likely to be below 400m morning. May extend to higher slopes late in day.	Morning fog in some valleys, dissipating early in the west, in Cheviots and Lothians low cloud slowly lifting and perhaps covering mid-slopes most of the day.
Chance of cloud free summits?	60%	80%, highest west
Sunshine? Air clarity (below cloud)	Bright sunshine and excellent visibility higher areas; sometimes foggy or misty east of M74, most likely Borders and Lothians.	Sunny, very good visibility but reduced through haze in the air. Highest concentrations in the east.
How Cold? (at 750m)	14C, but very much colder, perhaps only 7C where in cloud and at first in western valleys.	Around 12C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 20 September, 2024

High pressure conditions with a lot of sunshine, warm temperatures and calm winds will continue until early next week in Scotland and northern England. In Wales and Peak District from Friday onward mix of sun and clouds, with locally heavy showery bursts of rain, possibly isolated thunder.

Beginning of next week showers possible also northern England and parts of Scotland, although Highlands still mostly dry and sunny until mid next week. Then, weather conditions may deteriorate across all British mountains with cooling and strong winds, although further development uncertain.

Forecast issued at 13:25 on Wednesday, 18 September, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.