## MOUNTAIN WEATHER INFORMATION SERVICE

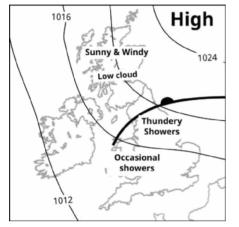
# **Southern Uplands**

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Sunday, 1 September, 2024



## British Mountain Summary:

### Based on forecast chart for noon 1 September, 2024

Mostly dry in Scotland, late afternoon showers possible in Southern Uplands and toward the evening in Southern Highlands. Unstable through England, with thundery rain here and there. Localised light showers in Snowdonia. Patchy sun for most, best Cairngorms and far north.

### Headline for Southern Uplands

Mostly cloudy, dry morning, showers late afternoon

## Detailed Forecast for Sunday, 1 September, 2024

How windy? (On the summits)	East to northeasterly 20 to 30mph. Strongest through midday.	
Effect of wind on you?	Balance beginning to be affected at times.	
How wet? (Precipitation and its impact)	Little or no rain until late afternoon Extensively dry morning with locally an odd drizzly shower. Late afternoon or evening showers, locally moderate or even heavy. Small risk of lightning.	
Cloud on the hills?	<b>Fairly extensive</b> Cloud will shroud high ground for much of the day. Becoming patchy for a time in the afternoon but expanding again as rain arrives.	
Chance of cloud free summits?	30%	
Sunshine? Air clarity (below cloud)	Cloudy with little breaks. Good visibility when out of cloud.	
How Cold? (at 750m)	10 to 12C, warmest Galloway. Feeling around 5C in the stronger wind. Starting to feel humid towards evening.	
Freezing Level	Above the summits.	

#### Southern Uplands - Looking Ahead

	Monday 2 September	Tuesday 3 September
How windy? (On the summits)	Forecast confidence still low: Variable direction 10 to 30mph.	Westerly, 15 to 25mph, locally may reach 30mph.
Effect of wind on you?	Mostly small, perhaps strenuous late in the day.	Mostly small.
How wet?	Frequent rain, chance thunder	East spells of rain, west mostly dry
(Precipitation and its impact)	Frequent rain, chance for heavier downpours and thunder, highest in Cheviots. Highly uncertain details.	Wet spells most common east of M74, in the west only locally a brief shower.
Cloud on the hills?	Hills mostly covered	Hills widely clearing away from rain
	Low clouds frequently covering higher areas.	Cloud on most tops in the morning, rising during the day above the hills. Near and after showers ragged cloud patches may reform.
Chance of cloud free summits?	30%	30% rising to 70%
Sunshine? Air clarity (below cloud)	Overcast, in the afternoon perhaps brief brighter spells.	Starting overcast, slowly improving during the day allowing for some sun later on.
	Variable visibility, poor in and after rain.	Mostly very good visibility, reduced in rain.
How Cold? (at 750m)	11 to 13C	10 or 11C
Freezing Level	Above the summits.	Above the summits.

## Planning Outlook

#### All mountain areas of Britain from Monday, 2 September, 2024

Low confidence in the forecast for beginning of the next week. Monday is likely to be unsettled with rain or most, locally thundery. Localised showers continues into Tuesday, although conditions shall improve through Tuesday afternoon. Up to mid-week the temperature is likely cooler than over the weekend. Mid-week onward widely dry and often sunny with high pressure rebuilding during the second half of the week, bringing significantly warmer air. Such conditions may continue even into the following week.

#### Forecast issued at 15:56 on Saturday, 31 August, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.