

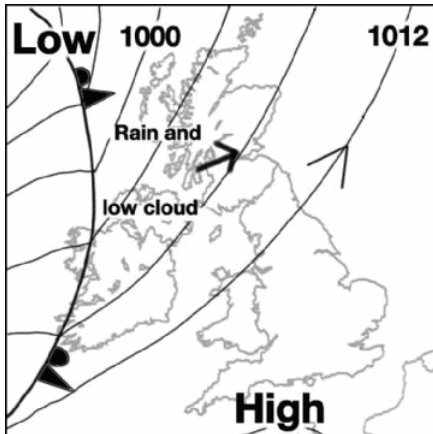
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 2 August, 2024



British Mountain Summary:

Based on forecast chart for noon 2 August, 2024

Rain and will advance gradually across Scotland from the middle of the day onwards, and in evening reach mountains close to the Irish Sea. There will also be areas of low cloud. Nevertheless, for many areas, including east Scotland extensively dry and warm. Upland wind approaching gale force western Scotland.

Headline for Southern Uplands

Increasingly windy. Rain spreading east into afternoon onwards.

Detailed Forecast for Friday, 2 August, 2024

How windy? (On the summits)	Southerly, in Borders, 15mph post dawn, strengthening to 25-30mph. Further west, 20, soon 30 to locally 40mph.
Effect of wind on you?	Walking increasingly arduous, particularly Dumfries and Galloway. Sudden gusts may unbalance you - including on lower slopes.
How wet? (Precipitation and its impact)	Little or no rain until evening The odd burst of rain almost anywhere. More frequent rain will toward evening advance across Galloway and by dusk into the Borders; total rainfall small.
Cloud on the hills?	Extensive west Dumfries and Galloway: Cloud persistently covering higher areas, though may clear in places temporarily. Lowest cloud toward Solway where frequently shrouding lowest slopes. Elsewhere: Summits cloud-free all or almost all day.
Chance of cloud free summits?	Greater than 90% east to 30% west
Sunshine? Air clarity (below cloud)	Periods of sunshine Borders; frequently cloudy further west. Visibility very good, but a haze - lowest visibility west of M74.
How Cold? (at 750m)	13C to in afternoon in Borders 16C
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Saturday 3 August	Sunday 4 August
How windy? (On the summits)	West to southwesterly 15 to 20mph - strongest Galloway.	Southerly, starting 15mph, strengthening to 30mph, in places gusty 35mph, 45mph in gusts locally possible.
Effect of wind on you?	Small.	Small at start, deteriorating, becoming blustery, walking strenuous and stability affected.
How wet? (Precipitation and its impact)	A few showers Scattered showers, briefly heavy afternoon.	Starting mostly dry, rain moving in later Extensively dry morning, in the afternoon/evening occasional rain moving in from the west, spreading for the whole region into the night; heavy toward west.
Cloud on the hills?	Very little	Hills extensively cloud-free Cloud likely above the hills, maybe a few patches of cloud in the morning on some slopes. Toward Galloway banks of clouds on higher slopes probably coming and going.
Chance of cloud free summits?	90%	80%
Sunshine? Air clarity (below cloud)	Sunny with patchy clouds coming and going. Visibility very good/excellent; most haze toward Solway.	Sunny spells in the morning, clouding over from the west, in the afternoon sunshine only east of M74. increasingly hazy Dumfries and Galloway, excellent visibility elsewhere,
How Cold? (at 750m)	8 to 11C	9 to 13C
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Saturday, 3 August, 2024**

Low pressure centres, mostly passing northwest of Scotland), and their associated fronts, will intermittently windy and wet conditions next week. Most rainfall will be on western mountains, with considerable rainfall on the W & NW highlands of Scotland. Frequently windy across Scotland. Lowest rainfall will be in eastern Scotland, the southern Pennines and easternmost Wales. Temperature wise warm and very humid on Monday, but through the week generally colder than this week.

Forecast issued at 7:26 on Friday, 2 August, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.