

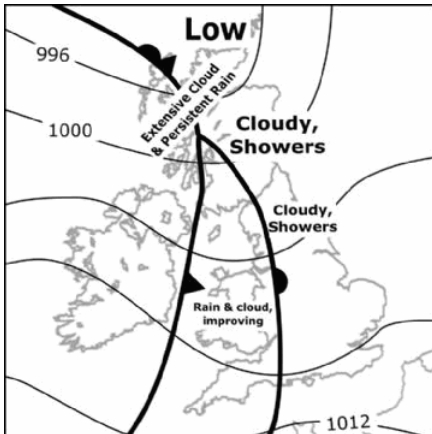
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 3 July, 2024



British Mountain Summary:

Based on forecast chart for noon 3 July, 2024

Wet day for most in the mountains, with low cloud and often windy conditions. Particularly in Scotland murky and chilly winds, persistent rain in the west, on and off in the east Highlands. In England frequent rain spells, in Wales mostly showers on the western coastal hills, fading toward the evening.

Headline for Southern Uplands

Frequent rain, windy, cool, mostly overcast

Detailed Forecast for Wednesday, 3 July, 2024

How windy? (On the summits)	Southwest turning westerly, 20 to 30mph, likely increasing further later in daytime to 35mph, stronger gusts exceeding 40mph.
Effect of wind on you?	Impeded walking on higher tops, later more strenuous conditions and affected stability. Feeling chilly.
How wet? (Precipitation and its impact)	Rain on and off Rain and drizzle on and off much of the day, most persistent Galloway hills. Smaller amounts Borders. Rain becoming scattered in the afternoon.
Cloud on the hills?	Fairly extensive on tops Often covering many tops, especially those near and west of the M74 corridor. Some breaks higher up furthest east, but highest tops unlikely to get a longer cloud-free spell.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Overcast most of the day, improving late afternoon with a few breaks. Visibility poor at times due to rain, some improvements, more often good in east.
How Cold? (at 750m)	6 to 9C, coolest later in day. Wind chill feeling sub-zero on tops.
Freezing Level	Above the summits

Southern Uplands - Looking Ahead

	Thursday 4 July	Friday 5 July
How windy? (On the summits) Effect of wind on you?	Westerly 25 to 35mph, strengthening during the day. Gusts around 50mph possible on exposed higher tops. Walking strenuous, becoming difficult in exposed terrain especially in gusts. Significant wind chill factor.	Southwesterly 15 to 25mph, maybe little more early morning. Mostly small, slightly affecting comfortable walking in the morning.
How wet? (Precipitation and its impact)	Rain west, mostly dry east Frequent light or moderate rain toward Galloway, showers possible everywhere west of M74. Toward Cheviots mostly dry.	Showers west, east mostly dry Showers toward Galloway possible at any time of the day. East of M74 only an odd spot of rain, toward Cheviots likely dry.
Cloud on the hills?	Hills mostly clear Most of the day clouds above the hills, shrouding higher tops at times.	Coming and going in the west Cloud coming and going on the higher hills toward Galloway, hills toward Borders mostly clear.
Chance of cloud free summits?	80%	70%
Sunshine? Air clarity (below cloud)	Broken cloud allow for a few bright spells. Visibility mostly good, reduced through haze in the west.	A good few hours of sunshine over Cheviots, mostly cloudy toward Galloway, patchy sun along M74 corridor. Visibility mostly good.
How Cold? (at 750m) Freezing Level	5-6C. Feeling around -5C if exposed to wind. Above the summits.	7 to 8C Above the summits.

Planning Outlook**All mountain areas of Britain from Thursday, 4 July, 2024**

Cooling in the night to Thursday, with sleet falling on highest Scottish peaks. A trough arriving on Thursday to Scotland brings another wet day on the Highlands with upland gales. England and Wales, although very windy and gusty, should get some sun between common showers, perhaps excluding Lake District and North Pennines, where clouds and rain still dominate. Damp, but generally much drier on Friday, some rain still in West and Northwest Highlands, in Brecon Beacons, Snowdonia and Peak District. Uncertain development further on, most likely fairly cold for the season. Chance for fine conditions during the weekend but unstable air may cause locally heavy showers or thunderstorms.

Forecast issued at 14:11 on Tuesday, 2 July, 2024

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