

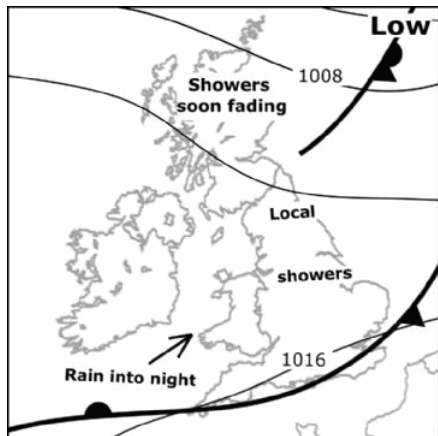
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 19 March, 2024



British Mountain Summary: Based on forecast chart for noon 19 March, 2024

Upland gales for the Highlands in the morning will ease. Early heavy bursts of rain clearing eastwards to leave often drier conditions. Variable cloud amounts, most persistent over western mountains, but lifting with some breaks forming.

Headline for Southern Uplands

Strong winds easing. Isolated showers.

Detailed Forecast for Tuesday, 19 March, 2024

How windy? (On the summits)	Southwesterly 25 to 30mph, easing to westerly 15 to 20mph in afternoon.
Effect of wind on you?	Blustery morning with some buffeting at times, but easing down in the afternoon.
How wet? (Precipitation and its impact)	Occasional showers, mainly morning. A few drizzly showers through the day, but in the morning these perhaps heavier for a time.
Cloud on the hills?	Cloud tending to lift off the tops Fairly extensive hill fog from dawn across upper slopes. However, through morning the bases will steadily rise, to likely lift off the tops by the afternoon.
Chance of cloud free summits?	30% lifting to 80%
Sunshine? Air clarity (below cloud)	Cloudy morning, sunny periods in the afternoon. Visibility poor at times in morning drizzly showers, but otherwise very good.
How Cold? (at 750m)	5C. Wind chill feeling like -5C in stronger winds.
Freezing Level	Above the tops

Southern Uplands - Looking Ahead

	Wednesday 20 March	Thursday 21 March
How windy? (On the summits) Effect of wind on you?	Northwesterly or variable 5 to 10mph or at times no wind. Small	West to southwesterly 40 to 55mph, stronger gusts possible over exposed higher terrain. Arduous conditions over the hills, in places mobility challenging where exposed. Significant wind chill.
How wet? (Precipitation and its impact)	Morning light rain, easing off. A damp start with light rain here and there, but this will tend to fizzle out and clear to the east. A mostly dry afternoon will follow.	Heavy rain west Rain sweeping in from the west, becoming heavy and continuous for Dumfries and Galloway. By evening into night, breaking up into showers.
Cloud on the hills? Chance of cloud free summits?	Early cloud banks, lifting and clearing. Patches or banks of cloud from dawn, perhaps at varying heights, will lift and tend to disperse towards the afternoon to leave most hills clear. Lifting to 70%	Becoming extensive Lowering to cover most hills, particularly western areas, here to lower elevations. 30%
Sunshine? Air clarity (below cloud)	Overcast at first, but patches of sun will increasingly come through. Visibility mostly very good, but poorer at first in and around rain.	Mostly cloudy, hazy. Visibility reduced further in rain.
How Cold? (at 750m) Freezing Level	Around 1C Around 800m	4 to 6C. Wind chill feeling like -6 to -8C on tops. Above the summits. Then into night, likely to drop toward freezing on highest tops.

Planning Outlook

All mountain areas of Britain from Wednesday, 20 March, 2024

Mixed westerly patterns prevail this week, but turning northwesterly toward the weekend allowing much colder air to move in - dropping extensively below freezing point over all British mountains for several days. Fresh upland snowfalls, concentrated toward the west and north of the Highlands, including heavy showers with hail.

A period of sustained gales over the tops late this week and likely into the weekend - severe gales over Scottish tops on Thursday at least; significant or at times severe wind chill factor.

Forecast issued at 16:30 on Monday, 18 March, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.