

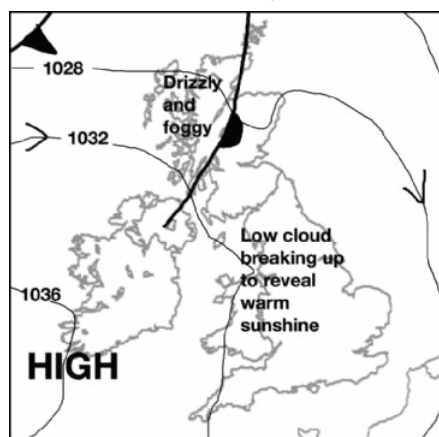
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 7 July, 2022



British Mountain Summary:

Based on forecast chart for noon 7 July, 2022

Scotland: Low cloud extensive west/northwest Highlands with drizzle toward west coast; more widely developing western hills later. Cloud breaking up to sunshine in the east.

England and Wales: Low cloud and patchy drizzle mostly clearing to sunshine, but may linger some western hills.

Headline for Southern Uplands

Early low cloud and patchy drizzle clearing with sunshine breaking through.

Detailed Forecast for Thursday, 7 July, 2022

How windy? (On the summits)	Northwest to westerly typically 15mph, perhaps 20mph at times Galloway.
Effect of wind on you?	Small
How wet? (Precipitation and its impact)	Risk pockets drizzle western hills Until mid or late morning, mainly where in cloud, risk isolated drizzle. Then dry apart from possibly western hills in Galloway where the odd pocket of drizzle continuing.
Cloud on the hills? Chance of cloud free summits?	All or nearly all clearing Initially very varied: fog may well cover some areas from lower slopes upward, whilst other areas have breaks to higher slopes. From late morning, nearly all areas cloud free, but in Galloway, banks of low cloud base 200-400m may well come and go, especially western tops. 20% lifting to 80%
Sunshine? Air clarity (below cloud)	Sunshine will break through extensively and haze thin to give visibility excellent. However, often cloudy and hazy Galloway.
How Cold? (at 750m) Freezing Level	14C afternoon, although a few degrees colder where in cloud. Above the summits.

Southern Uplands - Looking Ahead

	Friday 8 July	Saturday 9 July
How windy? (On the summits)	Westerly 15mph, lifting through day to 20 to perhaps 25mph.	Northwesterly 15 to 20mph, risk 25mph for periods.
Effect of wind on you?	Mostly small	Mostly small.
How wet? (Precipitation and its impact)	Occasional drizzle in west. Pockets of drizzle will come and go over the hills near and west of the M74. Only occasional spots in the east where mostly dry.	Mostly dry Isolated fine drizzle possible western hills in low cloud, mostly morning.
Cloud on the hills?	Extensive in the west, slowly lifting. Extensive low cloud across hills west of the M74, to lowest slopes at first, before bases slowly rise to 500-700m. Further east, cloud confined to or above tops.	Areas of low cloud in west breaking up. Murky start with areas of low cloud focussed in west. Low cloud will gradually break up and lift in morning, to lift to or above western tops. Eastern hills clear.
Chance of cloud free summits?	30% in the west, 60% in the east.	30% lifting to 70%
Sunshine? Air clarity (below cloud)	Overcast in west, sun breaking through progressively further east. Widely murky and misty in west, good in east.	Cloudy start, patches of sun progressively breaking through. Visibility becoming good or very good.
How Cold? (at 750m)	13C	11 to 14C, warmest in the east afternoon
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Friday, 8 July, 2022

Persistent high pressure off SW Britain will bring extensive dry weather to and through next weekend, although in western Scotland, with the wind off the sea, often cloudy and fronts may bring rain on Sunday.

On western mountains the cloud will bring persistent fog until Friday, even to lowest slopes near the coast. However, remaining murky toward west coast of Scotland with further drizzle at times.

Forecast issued at 17:02 on Wednesday, 6 July, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.