

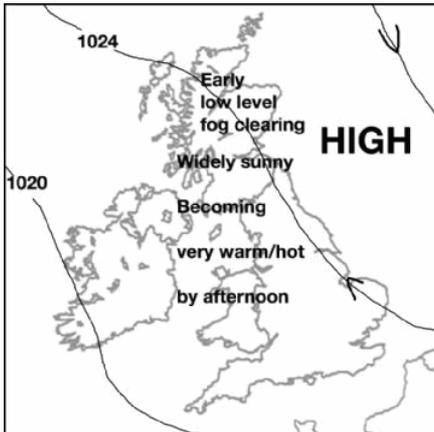
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Thursday, 22 July, 2021



### British Mountain Summary:

**Based on forecast chart for noon 22 July, 2021**

Scotland: Inversion conditions to start day with low level fog whilst higher slopes sunny above. Will disperse through morning to leave a very warm and sunny afternoon.

England & Wales: Extensively sunny and very warm or hot by afternoon. Small risk of isolated afternoon thunderstorms.

### Headline for Southern Uplands

Extensive sun. Some fog banks in east at first. Beware sunburn/dehydration.

## Detailed Forecast for Thursday, 22 July, 2021

<b>How windy? (On the summits)</b>	Direction varied, often little wind, rarely 5-10mph.
<b>Effect of wind on you?</b>	Negligible
<b>How wet? (Precipitation and its impact)</b>	<b>Rain very unlikely</b> Low risk of an isolated thunderstorm breaking out later in the day.
<b>Cloud on the hills?</b>	<b>Many hills clear, some fog eastern slopes</b> Banks of low level fog eastern hills from dawn, particularly Lothians, where fog may linger, gradually retreating back toward North Sea. Higher tops above fog. Clear and sunny in the west. By afternoon, all areas clear.
<b>Chance of cloud free summits?</b>	<b>90%, but 30% in morning in far east.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Mostly extensive sun and very good visibility, some low level fog banks in morning in east. A little cloud build-up inland.
<b>How Cold? (at 750m)</b>	13 to 15C from dawn (hills warmer than valleys), rising toward 16 to 19C, warmest Galloway; quite humid.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Friday 23 July	Saturday 24 July
<b>How windy? (On the summits)</b>	Easterly 5 to 15mph, strongest later in the afternoon.	Easterly 10 to 15mph.
<b>Effect of wind on you?</b>	<b>Mostly negligible</b>	<b>Small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain very unlikely</b> Very likely dry throughout the day. However, small risk of an isolated thunderstorm afternoon or evening.	<b>Very likely dry</b>
<b>Cloud on the hills?</b>	<b>Very little once early fog banks clear</b>  Hills clear for much of the day, but for a few hours around dawn, some fog banks; these mainly on lower slopes and focused on hills east of the M74.	<b>Cloud banks eastern areas.</b>  Risk cloud sheet covering hills in the east for much of the day; down to lowest slopes in morning. Some breaks may develop. Likely hills west of M74 staying clear.
<b>Chance of cloud free summits?</b>	<b>Greater than 90%</b>	<b>30% in east, 70% in the east.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Fairly extensive sunshine.  Visibility good or very good, but slight haze.	Periods of sun, mainly in the west. Fairly cloudy in the east.  Visibility good or very good.
<b>How Cold? (at 750m)</b>	14 to 18C, lowest in the east.	11 to 14C; highest in the west.
<b>Freezing Level</b>	Above the summits	Above the summits

**Planning Outlook****All mountain areas of Britain from Friday, 23 July, 2021**

High pressure continues to influence Britain this week, maintaining generally dry, warm and sunny weather with light winds. A chance of isolated afternoon showers forming through midweek, mainly England & Wales. Valley temperatures regularly into the mid or upper 20s Celsius. Some fog banks around northern and eastern coasts. Easterly winds freshening on Friday for Wales and Pennines. Into the weekend, a greater risk of thundery rain developing, focused on southern areas with very little rain for Scotland. Eventually next week, some rain may come in from the Atlantic, but for now ground conditions will remain very dry, with a high fire risk.

**Forecast issued at 15:19 on Wednesday, 21 July, 2021**

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