

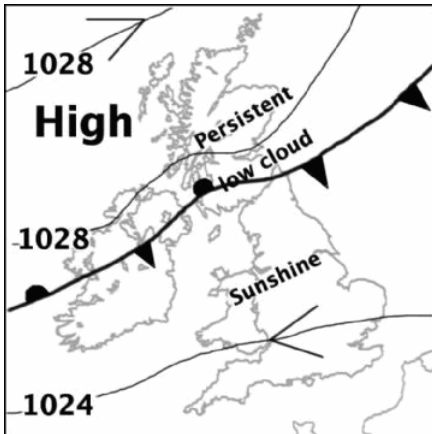
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



**Alpine Exploratory**  
**Trekking holidays in the Alps, Norway and UK based on our research**

## General Summary for Thursday, 26 March, 2020



### British Mountain Summary:

**Based on forecast chart for noon 26 March, 2020**

Light wind. The remnants of a front across southern and central Scotland will bring a blanket of low cloud and here and there light rain (snow some higher tops). Clear air to the north (NW Highlands), but higher areas sub-freezing. Extensive sunshine England and Wales.

### Headline for Southern Uplands

Light wind; pockets of drizzly rain and fog, mainly Borders.

## Detailed Forecast for Thursday, 26 March, 2020

<p><b>How windy? (On the summits)</b></p>	Northeasterly 10mph or less, although may reach 15mph near the Lothians.
<p><b>Effect of wind on you?</b></p>	<b>Negligible</b>
<p><b>How wet? (Precipitation and its impact)</b></p>	<b>Patchy drizzle, mainly Borders</b> Many areas dry, but a few patches of drizzly rain will drift about only slowly - locally giving an hour or two of light rain particularly Cheviots and near the Lothians.
<p><b>Cloud on the hills?</b></p>	<b>Extensive particularly Borders</b> Blanket of low cloud, forming on lower slopes across the Borders (particularly The Cheviot and summits near the Lothians). Toward and west of M74, most cloud will by late morning be above 700m and may clear altogether.
<p><b>Chance of cloud free summits?</b></p>	<b>Less than 10% Borders to 70% west of M74</b>
<p><b>Sunshine? Air clarity (below cloud)</b></p>	Sunshine almost all confined to west of M74; most sun near the Solway. Very hazy.
<p><b>How Cold? (at 750m)</b></p>	5C.
<p><b>Freezing Level</b></p>	Above the summits.

## Southern Uplands - Looking Ahead

	Friday 27 March	Saturday 28 March
<b>How windy? (On the summits)</b>	Northeasterly 15mph.	Northeasterly 25 to 30mph, strongest higher tops east of M74.
<b>Effect of wind on you?</b>	Small.	<b>Will impede ease of walking on higher areas, particularly higher summits in Borders.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patches of light rain</b> The remnants of a front may lie across the Southern Uplands, giving drizzle and rain here and there, although total rainfall small.	<b>Isolated flurries</b> Risk of a few brief flurries of hail.
<b>Cloud on the hills?</b>	<b>Fairly extensive</b>  Detail uncertain: A blanket of low cloud associated with a front may bring extensive fog, in places below 400m, and extensively above 650m. However, some areas may be outside the cloud area, most likely summits near the Solway to the Cheviots.	<b>All clearing, probably quickly</b>  Some uncertainty in the extent of cloud covering higher slopes east of M74 after dawn. West of M74, summits cloud free all day, and by mid or late morning all summits cloud free.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Little or no sunshine. Extensively very hazy.	Bright sunshine extensive and excellent or superb visibility by mid to late morning.
<b>How Cold? (at 750m)</b>	2 or 3C.	1C.
<b>Freezing Level</b>	Above the summits.	Just above the summits; risk frost some valleys at dawn.

**Planning Outlook****All mountain areas of Britain from Friday, 27 March, 2020**

Frequently cold over the next week, leaving higher terrain frozen. A little snow, mainly N/NE Scotland, but with pressure high centred just west of Britain, total precipitation small.

Scottish MR Note: Scot Gov has stated that "essential travel only must be undertaken" in order to protect our rural communities and prevent extra pressure on our Emergency Services. Now is the time to avoid unnecessary mountain activities and consider our social responsibilities. More info, visit: <https://www.gov.scot/coronavirus-covid-19/>

**Forecast issued at 12:36 on Wednesday, 25 March, 2020**

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