

Southeastern Highlands

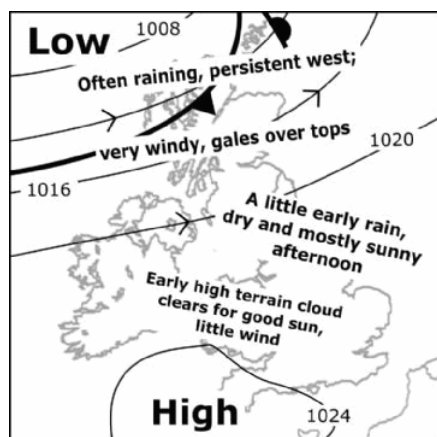
The southern Highlands as far west as the Callander area and north to Loch Erich, Drumochter and summits near Glenshee ski-centre (summits within the historic county of Perthshire). Also Ochils and Angus hills.



OUTDOOR GEAR REPAIRS AND MAINTENANCE BY SCOTTISH MOUNTAIN GEAR

To book your Rucksack, Tent and Performance Clothing Repairs visit www.scottishmountaingear.com

General Summary for Friday, 7 August, 2026



British Mountain Summary:

Based on forecast chart for noon 7 August, 2026

Rain in the Scottish Highlands, persistent central/west areas; windy too, gales developing over summits. Some early rain in England, cloud covering high terrain, improving for frequent sun and minimal hill cloud. Light wind and mostly sunny Wales, just some early cloud and dampness high Snowdonia terrain.

Headline for Southeastern Highlands

Often raining; very windy, periods of gales over summits

Detailed Forecast for Friday, 7 August, 2026

How windy? (On the Munros)	Southwesterly 30-35mph from dawn, soon strengthening with sustained speeds of 40-45mph fairly widely over the tops though afternoon, and stronger gusts likely for a time.
Effect of wind on you?	Strenuous walking over the tops from dawn, deteriorating with a significant wind chill setting in; balance becomes increasingly challenging in exposure.
How wet? (Precipitation and its impact)	Frequent rain towards central highlands, very little near/east of Glenshee Rain frequent central highlands, whilst on and off (amounting to little in total) east toward A9 and north of Glen Garry. Rain rarely near an east of Glenshee.
Cloud on the hills?	Fairly extensive, some high breaks east Hills west of A9 start shrouded above 600-700m, lower patches around rain. Varied banks over high terrain east, a general lifting trend, but only rare breaks above summits. Western hills slow to clear, and cloud may not clear central highland summits.
Chance of cloud free Munros?	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun break out eastern hills, staying mostly cloudy central highlands and often dull where visibility will be poor; visibility excellent out of cloud and rain.
How Cold? (at 900m)	7C rising to 9C, or 10C locally east of A9; feeling humid later. Feeling near or below freezing in strongest direct wind.
Freezing Level	Above the summits.

Southeastern Highlands - Looking Ahead

	Saturday 8 August	Sunday 9 August
How windy? (On the Munros) Effect of wind on you?	Southwesterly 40-45mph, strongest near Loch Erich, strengthening with top speeds to 55-60mph. Arduous to challenging conditions with significant wind chill; strongest wind (near Loch Erich) knocking you off your feet.	West-southwesterly 30-35mph, notable gusts; may lessen somewhat. Walking strenuous on high exposed tops and ridges, buffeting gusts affecting balance with notable wind chill.
How wet? (Precipitation and its impact)	Rain sets in, persistent central highlands Patchy rain from dawn, little reaching east of the A9 at first. Rain becomes more frequent, setting in over central highlands first with prolonged heavy falls and increasingly frequent east.	Early rain breaks to scattered showers Often raining in the morning, some steady falls, but these fading to give way for scattered showers. A few heavier bursts here and there, but extended dry windows are likely too.
Cloud on the hills? Chance of cloud free Munros?	Chance early summit breaks east, becoming extensive Cloud banks over most summits early, breaks off the tops near and east of Glenshee. Variable banks to middle slopes west of A9 where rain occurs, gradually filling in extensively, patches increasingly forming to forest canopies in the west. 50% east, lowering to 20% widely	Lifting to or above tops Fairly extensive to middle slopes in the morning, lifting to high terrain, increasingly broken to summits and often above afternoon. Where showers occur, bases return towards 900m, and may be most often capping highest tops near Callander. Rising to 70%
Sunshine? Air clarity (below cloud)	Patchy weak sun in the morning, good visibility out of cloud. Deteriorating to overcast and dull conditions with poor visibility.	Cloudy to start, gradually giving way to a patchwork of cloud and sun. Visibility becomes very good, briefly deteriorating in showers.
How Cold? (at 900m) Freezing Level	9 to 11C, mildest eastern areas; humid. Feeling below freezing in direct wind. Above the summits.	8 or 9C. Feeling near freezing in direct wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 8 August, 2026

Westerly winds prevail into the weekend: Saturday will see extensive cloud and heavy rain develop across Scotland with gales; bands of rain passing to the south and east into England and Wales through Sunday with showers in Scotland. A ridge of high pressure early next week brings warmer temperatures and clearer hills, though western areas likely remain fairly cloudy with some drizzle on the high tops. Westerly flow returns through mid-week and a series of low pressure systems will pass west-to-east across the country with periods of strong wind (sometimes gales), rain, and low cloud, western hill groups always most affected. Mild-to-warm temperatures and sometimes quite humid. Changeable conditions persist into next weekend.

Forecast issued at 7:43 on Friday, 7 August, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.