

Southeastern Highlands

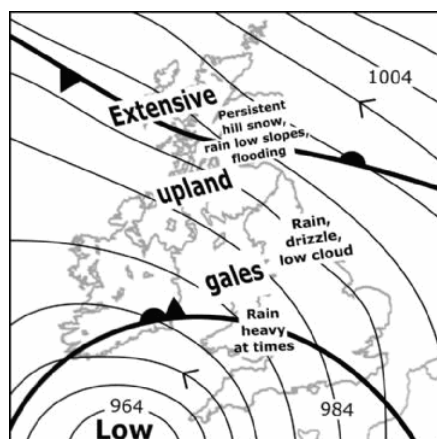
The southern Highlands as far west as the Callander area and north to Loch Erich, Drumochter and summits near Glenshee ski-centre (summits within the historic county of Perthshire). Also Ochils and Angus hills.



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General Summary for Friday, 23 January, 2026



British Mountain Summary:

Based on forecast chart for noon 23 January, 2026

Gales widespread across all mountain areas, powerful turbulent gusts downslope toward the west in places. Prolonged upland snow southeastern Highlands into southern Cairngorms, increasingly rain to mid-heights. Further rain also spreads north across Wales then the Pennines. Low cloud widely.

Headline for Southeastern Highlands

Gales over mountains. Persistent snow, rain lower down.

Detailed Forecast for Friday, 23 January, 2026

How windy? (On the Munros)	Easterly 45 to 55mph; strongest early and again by evening, powerful gusts to 65-70mph.
Effect of wind on you?	Arduous to challenging conditions; mobility limited in exposure where gusts may knock you over. Severe wind chill.
How wet? (Precipitation and its impact)	Constant upland snowfall, often heavy; rain and flooding lower down. Hill snow persistent, constant heavier falls widely over the region, particularly eastern areas where snow falls to some lower slopes in morning - turning to rain to 800m or perhaps higher with time. Very wet underfoot lower terrain, flooding of streams and rivers.
Cloud on the hills?	Extensive Shrouding the mountains widely from mid-slopes upward, to low slopes in the east. Highest bases toward and west of Loch Tay, but rare if any breaks to Munro tops unlikely.
Chance of cloud free Munros?	Less than 10%
Sunshine? Air clarity (below cloud)	Overcast, hazy at best, but whiteout conditions over the mountains in cloud and snow.
How Cold? (at 900m)	0 to -2C, always coldest around/east of Glenshee, may rise just above 0C central highlands into afternoon. Wind chill feels as cold as -17 to -20C.
Freezing Level	500-700m from dawn, lowest toward east, rising fairly widely to 800-900m afternoon, or locally slightly higher on some slopes in the areas near/west of the A9.

Southeastern Highlands - Looking Ahead

	Saturday 24 January	Sunday 25 January
How windy? (On the Munros) Effect of wind on you?	Easterly 40 to 55mph, strongest Ben Lawers group, powerful gusts downslope. Challenging conditions; walking and balance difficult in exposed areas, buffeting gusts lower down; severe wind chill.	East to southeasterly, speed may vary, possibly tending to lessen during day, in range 30 to 50mph, gusty downslope. Challenging walking conditions may persist over much higher terrain, buffeting gusts lower down. Significant wind chill
How wet? (Precipitation and its impact)	Persistent upland snow Snow falling most or all day much of the region, at times heavy; sleet or rain lower slopes. Somewhat smaller amounts northwest toward Loch Rannoch.	Hill snow may persist Frequent or persistent snow flurries over much of the region, some steadier snowfall possible, sleet or rain on lower slopes, to some mid-heights.
Cloud on the hills?	Extensive Shrouding the mountains throughout the day, from mid-slopes upward most south and eastern aspects, some higher bases toward Loch Tay and Rannoch, but covering high tops persistently.	Extensive Covering much higher terrain all day, lowest cloud base on south and eastern aspects, some higher breaks possible around Loch Tay, but rarely above 900m.
Chance of cloud free Munros?	10%	10%
Sunshine? Air clarity (below cloud)	Overcast, dull. Appalling visibility conditions over most higher terrain; constant whiteout in cloud and falling or blowing snow.	Largely cloudy, hazy. Poor visibility in snow, whiteout if in fog over snow cover on tops.
How Cold? (at 900m) Freezing Level	-1 or -2C. Directly in the wind feeling like -15 to -18C. 600 to 700m, but may be slightly lower in eastern areas in the morning.	0 to -2C. Feeling like -10 to -15C in the wind. 700 to 800m, lowest but locally slightly higher central highlands.

Planning Outlook

All mountain areas of Britain from Saturday, 24 January, 2026

East to southeasterlies continue through the weekend and onward into next week, frequently strong to gale-force over the mountains, giving severe chill factor. Below freezing across high terrain in Scotland, and into early next week a lowering freezing level over hills in England and Wales. Frequent or persistent snowfall over east and southern Scottish mountains, rain on lower slopes causing flooding in the short term. Patchier and small amounts reaching coastal regions in west-northwest Scotland. Areas of rain and increasingly hill snow push across England and Wales as low pressure remains dominant. Low cloud often covering many hills.

Forecast issued at 16:01 on Thursday, 22 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.