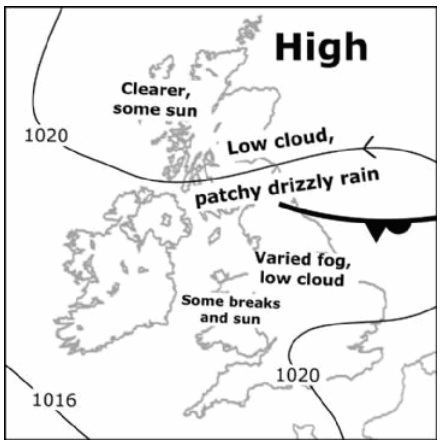
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)

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General Summary for Sunday, 8 November, 2026



British Mountain Summary:
Based on forecast chart for noon 8 November, 2026

Patchy drizzle and areas of low cloud or fog, mostly east and southern Scotland, Pennines and inland across Wales, whilst western regions tend to fare better for cloud breaks and some sun. Very little wind overall. Near freezing on highest Scottish tops.

Headline for The Northwest Highlands

Generally dry, some sun, patchy cloud and fog.

Detailed Forecast for Sunday, 8 November, 2026

How windy? (On the Munros)	Variable mostly between south and easterly, 10mph or less.
Effect of wind on you?	**Negligible**
How wet? (Precipitation and its impact)	**Little or no rain** Isolated pockets of light drizzle.
Cloud on the hills?	**Varied extent of low cloud and fog on nearby slopes** Local variations, but cloud banks above 700-900m (some tops may poke out of cloud or between banks). Lower down, fog clinging to some slopes all day, whilst others are fog free. Some western hills likely clearer overall.
Chance of cloud free Munros?	**40%**
Sunshine? Air clarity (below cloud)	Largely cloudy - though breaks giving sun for a few hours. The air very clear away from fog.
How Cold? (at 900m)	3C
Freezing Level	Just above freezing on the highest summits but some terrain on high tops partly frozen. Local slight frost inland glens early morning.

The Northwest Highlands - Looking Ahead

	Monday 9 November	Tuesday 10 November
How windy? (On the Munros)	Easterly or variable 10mph or less.	South-southeasterly 10mph or less, may increase a little from south afternoon.
Effect of wind on you?	**Negligible**	**Negligible**
How wet? (Precipitation and its impact)	**No rain expected**	**Rain not expected most places** Chance of a little showery rain or snow high tops on mountains near to north coast late in the day or more likely after dark.
Cloud on the hills?	**Western mountains mostly clear** Banks of cloud plus fog down in the glens particularly eastern areas. Many western areas likely clear or just local cloud patches drifting around. Higher tops likely above most of the fog or cloud.	**Little if any** Odd patches around some slopes.
Chance of cloud free Munros?	**70% (above fog in places)**	**90%**
Sunshine? Air clarity (below cloud)	Sunshine mainly near to the west coast where visibility excellent, otherwise areas of cloud and some fog lower down.	Sunshine and hazy high cloud. Visibility excellent.
How Cold? (at 900m)	1 or 2C.	1 or 2C. Likely to drop below 0C in north into night.
Freezing Level	Close to freezing on higher tops around 1000m all day, plus frost inland glens early morning.	Close to freezing on tops above 1000m all day and possibly frost widely in the glens early morning. Dropping into night north.

Planning Outlook

All mountain areas of Britain from Monday, 9 November, 2026

A slack pressure pattern to start the new week over Scotland, maintaining varied low cloud and fog. Lowering pressure to the south and an increasing easterly wind for England & Wales. Rain pushes into Wales on Tuesday, reaching the south Pennines with time, persisting in these areas into Wednesday, but very little extending further northwards. Into the second half of the week, a switch to a colder northerly flow will likely drop the freezing level to 800m increasingly widely for Thursday-Friday, plus frost on low ground. Some snow showers on northern Scottish mountains, but largely dry weather elsewhere. During next weekend, a shift to a less cold Atlantic influence - a changeable mix likely into the following week.

Forecast issued at 15:00 on Saturday, 7 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.