The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)

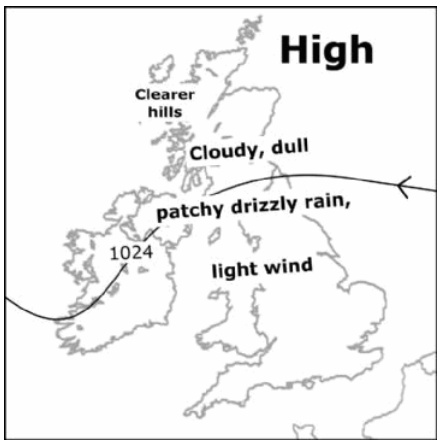
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General Summary for Saturday, 7 November, 2026



British Mountain Summary:
Based on forecast chart for noon 7 November, 2026

Extensively cloudy and dull, some drizzle or light rain, but total amounts small. Areas of fog in places from low terrain upward and cloud banks across hills. Some highest Scottish summits may just poke out above cloud, but local variations. Generally light wind.

Headline for The Northwest Highlands

Local fog mainly east, western hills mostly clear.

Detailed Forecast for Saturday, 7 November, 2026

How windy? (On the Munros)	Easterly or variable, 10mph or less.
Effect of wind on you?	**Negligible**
How wet? (Precipitation and its impact)	**Largely dry** Isolated fine drizzle around cloud in east.
Cloud on the hills?	**Many mountains clear of or above low cloud; fog toward east.** Areas of slowly drifting low cloud, tending to break off or rarely reach western and northern mountains, although more persistent in east between 200-400m and around 700 to 1050m - some highest tops just above cloud or at times between banks.
Chance of cloud free Munros?	**20% - fog many lower slopes (some highest tops inland/east above cloud).**
Sunshine? Air clarity (below cloud)	Areas of sunshine and excellent visibility mainly near the west coast, though a veil of high cloud likely to weaken or cover the sun; otherwise cloudy and in places misty.
How Cold? (at 900m)	3C
Freezing Level	Above the summits - but patchy frost in the morning inland glens and some high terrain partly frozen.

The Northwest Highlands - Looking Ahead

	Sunday 8 November	Monday 9 November
How windy? (On the Munros)	Variable 10mph or less.	Easterly or variable 10mph or less.
Effect of wind on you?	**Negligible**	**Negligible**
How wet? (Precipitation and its impact)	**Little or no rain** Isolated pockets of light drizzle.	**No rain expected**
Cloud on the hills?	**Varied extent of low cloud and fog on nearby slopes** Expect local variations, but cloud fairly extensive or persistent above 700-900m (very highest tops may poke out of cloud locally). Lower down, fog clinging to some slopes all day, whilst others are fog free or between layers of cloud. Some hills may be clearer overall.	**Western mountains may be clear** Some uncertainty, but cloud banks likely covering some higher slopes, particularly more eastern hills, whilst fog may exist down in some glens also. Further westwards, the mountains may be generally clearer much of the day.
Chance of cloud free Munros?	**20%**	**70% west coast tops; 30% east.**
Sunshine? Air clarity (below cloud)	Largely cloudy - though breaks giving sun for a few hours. The air remaining very clear away from fog.	Sunshine mainly near to the west coast where visibility possibly excellent, otherwise areas of cloud and some fog, or hazy.
How Cold? (at 900m)	3C	1 or 2C.
Freezing Level	Above the summits but some terrain on highest summits partly frozen. Local slight frost inland glens.	Close to freezing on higher tops around 1000m all day, plus frost in some inland glens early morning.

Planning Outlook

All mountain areas of Britain from Sunday, 8 November, 2026

High pressure persists into the start of the new week with light winds for much of Scotland, though an easterly wind will increase for England and Wales. The west and northwest Highlands most extensively dry with cloud breaks and sun. However, disappointing for other areas as 'gloomy' conditions predominate, with patches of light rain and extensive low cloud and fog. Into midweek, an area of low pressure will bring rain and wind in from the southwest but northern Scotland may escape most or all the rain. Late in the week, indications favour a switch to a colder northerly flow for a time in Scotland at least and brings scope for snow showers to northern mountains.

Forecast issued at 15:30 on Friday, 6 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.