

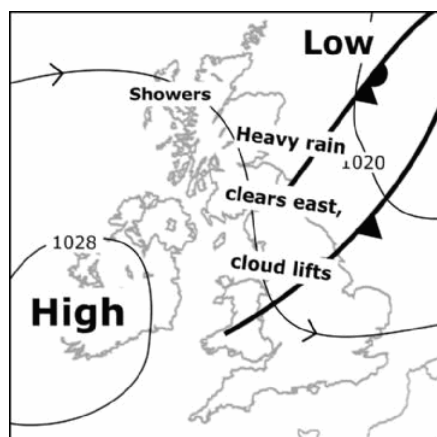
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 23 September, 2026



British Mountain Summary:

Based on forecast chart for noon 23 September, 2026

Rain and strong winds soon clears east from Scotland, but lasts a few hours over northern England and Wales in the morning with some heavier bursts. A marked improvement follows as cloud lifts and breaks up. A few showers continue near west coasts of Scotland. Feeling rather chilly in a fresh breeze.

Headline for The Northwest Highlands

Showers, varied cloud and some sun, chilly wind.

Detailed Forecast for Wednesday, 23 September, 2026

How windy? (On the Munros)	West-northwesterly 15 to 25mph, strongest north, at times 30mph around Ben Hope; easing to 10-15mph later in day around Skye, more widely from dusk.
Effect of wind on you?	Blustery over the tops, feeling chilly, becoming smaller in afternoon toward Skye and nearby mainland.
How wet? (Precipitation and its impact)	Showers, brief bursts, then fading Showers drift onto the hills from the west in the morning. Locally frequent with some brief heavy bursts with possible hail for a time, but tending to scatter, only isolated showers later.
Cloud on the hills?	Coming and going over tops Cloud variably passes above 800-900m during showers, mostly western slopes, a few lower ragged patches during rain but the cloud breaking off the summits after showers pass. May more often cover west tops for a time but a lifting tendency.
Chance of cloud free Munros?	60%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, most often sunny on lower slopes. Very good visibility, a little haze.
How Cold? (at 900m)	5C. Feeling below 0C in direct wind.
Freezing Level	Above the summits.

The Northwest Highlands - Looking Ahead

	Thursday 24 September	Friday 25 September
How windy? (On the Munros) Effect of wind on you?	Southwesterly 25-40mph from dawn, strengthening to 50-60mph, soonest Skye, powerful downslope gusts. Walking soon challenging, notably west, gusts knocking you off your feet; feeling chilly despite mild temperature.	Southwesterly 40 to 55mph, may lessen a little toward Great Glen. Arduous walking conditions and frequent buffeting on exposed terrain knocking you off balance; considerable wind chill.
How wet? (Precipitation and its impact)	A little rain, later more widely A little drizzle and patchy rain on Skye, sometimes spreading more widely, but most mainland Munros largely dry into the afternoon. Rain increasingly sets in Skye afternoon, then spreads widely later.	Rain on and off Rain most frequent on coastal mountains, particularly near Skye; likely to come and go over many western hills, some heavier showers. More often dry further east.
Cloud on the hills?	Mostly clear morning, gradually increasing A few patches graze the Cuillin through morning, but most hills stay clear. Through afternoon, banks more often covering the Cuillin, spreading more widely and filling in over high terrain with time, lowering towards 600-700m Cuillin later.	Most frequent west Varied cloud above 700 to 900m, most common Skye and coastal Wester Ross, likely anywhere in rain, but often higher with better breaks further north and east.
Chance of cloud free Munros?	80%, lowering to 30%	30% west to 60% east
Sunshine? Air clarity (below cloud)	Glimpses of early sun, weakened by high cloud, trending cloudier. Very good visibility, a little coastal haze building, poorer later.	Occasional sun mostly inland and east. Fairly hazy west, reduced further in rain, visibility good toward east.
How Cold? (at 900m) Freezing Level	6C rising to 9C, staying elevated into night. Feeling as cold as -5C in strongest wind later. Above the summits.	5 or 6C, little change all day. Feeling like -5 to -8C in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 24 September, 2026

Southwesterly winds increase again on Thursday and rain later moves into western Scotland, but elsewhere is likely dry, bright in Wales and much of England. A variable outlook continues into the weekend and beyond with high pressure building from the south at times with fairly warm and dry conditions, but Atlantic systems still pass to the north bringing occasional rain and showers toward western Scotland at least, strong wind here with sustained gales in the north. Next week remains on the unsettled side: west-southwesterly wind with bands of rain passing over most mountains, but a trend towards higher pressure brings longer settled windows into October.

Forecast issued at 16:28 on Tuesday, 22 September, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.