

The Northwest Highlands

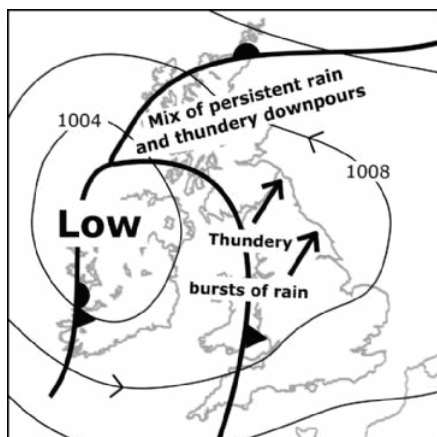
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Tuesday, 4 August, 2026



British Mountain Summary:

Based on forecast chart for noon 4 August, 2026

Extensive rain and low cloud across Scotland, becoming thundery downpours into the afternoon from the south into the Highlands. For England & Wales, rain and low cloud most persistent in the morning, heavy showery bursts in middle of day tending to clear eastward afternoon. Strong and gusty winds widely.

Headline for The Northwest Highlands

Windy, powerful gusts. Low cloud and rain, heavy at times.

Detailed Forecast for Tuesday, 4 August, 2026

How windy? (On the Munros)	Easterly 25 to 40mph, lowest speeds typically near Skye. Stronger gusts particularly northern areas where 50mph at times. Around Skye, turning southerly in afternoon, speeds tending to lower widely.
Effect of wind on you?	Sudden buffeting in gusty winds both higher up and on some lower slopes and valleys. Often difficult walking on northern mountains, balance challenging. Some improvement from south. Marked wind chill.
How wet? (Precipitation and its impact)	Frequent or persistent rain, some heavy Rain affects much of the region in the morning, some sustained heavier falls at times. Least rainfall toward the west coast, intermittently dry. Pulses of heavy and possibly thundery rain moving northward in the afternoon, at times setting in again for periods.
Cloud on the hills?	Never clearing most summits Blanket of fog across higher areas, sometimes the cloud below 300m Sutherland and eastern hills near Ben Wyvis. Breaks to 700, sometimes 900m within a few miles of the west coast south of Ullapool, but lower in rain.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Overcast and murky. Visibility often poor due to rain.
How Cold? (at 900m)	8C. Feeling below freezing in the wind, near -5C in stronger speeds in north.
Freezing Level	Above the summits.

[illegible]

All mountain areas of Britain from Wednesday, 5 August, 2026

Low pressure over the country during midweek brings strong winds, rain and thundery showers. Trending toward westerlies later in the week and into weekend, by then most rain and low cloud in western Scotland, but showery rain elsewhere at times, accompanied by periods of strong to gale force mountain winds at times. Generally fresh temperatures widely, often in mid-single figures over Scottish high tops. Despite falls of rain, beware of ongoing fire management restricting access to hills locally.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.