

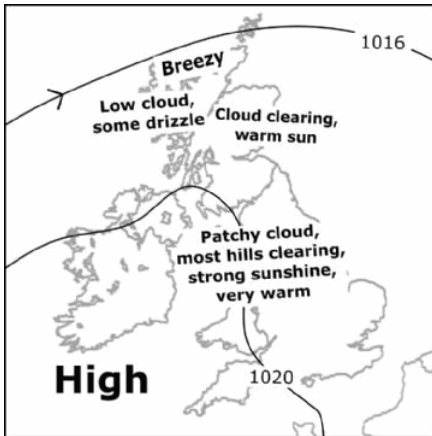
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Wednesday, 8 July, 2026



### British Mountain Summary: Based on forecast chart for noon 8 July, 2026

Damp with blanket low cloud in W-NW Scotland, gusty locally. Highest Scottish tops may emerge above the cloud. Drizzle on western slopes easing, cloud thinning and breaking for central and southwest Scotland, sunnier and warmer overall in east. Very warm to hot sunshine for England & Wales.

### Headline for The Northwest Highlands

Gusty wind. Low cloud and drizzly west, better east.

## Detailed Forecast for Wednesday, 8 July, 2026

<b>How windy? (On the Munros)</b>	Southwesterly 20 to 35mph, varying, typically strongest far north in morning, more widely along west coast later, lower speeds more often near Great Glen to Ben Wyvis.
<b>Effect of wind on you?</b>	<b>Blustery in places especially coastal hills, more widely northern areas early morning, at times buffeting gusts affecting ease of walking and balance on ridges.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly west coast, fading</b> Western mountains often drizzly and damp, steadier drizzle in the morning, becoming patchier and fading out afternoon. Further east more often dry all day. Still wet underfoot with high streams, slippery rocks where in mist.
<b>Cloud on the hills?</b>	<b>Extensive low cloud west, breaks east mainly afternoon</b> Shrouding western hills much of day, to lower slopes near coast in morning, some rise of base with time, but rarely above 600-700m west. Highest tops above 1000- 1100m near top of cloud sheet, may poke out above at times. Breaks form on eastern hills near Ben Wyvis, particularly afternoon as cloud thins more readily in east.
<b>Chance of cloud free Munros?</b>	<b>20% west, 50% furthest east afternoon.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Cloudy and misty western hills, some glimpses of sun inland and further east, best in afternoon; visibility good in east below cloud; may improve a little in west later in day.
<b>How Cold? (at 900m)</b>	10C rising to 13C out of cloud, local 15C Ben Wyvis. Feeling like 0 to 5C where exposed to stronger wind.
<b>Freezing Level</b>	Above the summits.

## The Northwest Highlands - Looking Ahead

	Thursday 9 July	Friday 10 July
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Southwesterly 25 to 35mph, gusty around high tops, strongest for mountains along the west coast, in places 40mph.  <b>Affecting comfortable walking and balance over higher terrain, some buffeting gusts at times including in passes and downslope.</b>	Southwesterly 15 to 25mph, strongest in north toward Ben Hope, may drop below 10mph near Kintail.  <b>Fairly small, but feeling breezy and rather chilly on exposed high terrain, especially northern mountains.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>A little drizzle west</b> Patchy drizzle in west, more frequent for periods over coastal mountains on and near Skye. Rare drizzle and largely dry further inland and particularly eastern hills.	<b>Risk of occasional rain</b> Patchy drizzle around Skye and nearby coast. Some spots of rain possible from high cloud, chance of steadier rain falling for a time, very locally a burst of rain, but may become more widely dry.
<b>Cloud on the hills?</b>	<b>Covering most hills, very low west</b>  Blanket fog across hills from lower elevations upward near west coast. Chance of tops above 1000m near top of cloud for a time in morning but most summits likely foggy. Base lifts to 600-800m inland, some breaks east.	<b>Some low cloud, possibly clearing</b>  Varied extent of cloud, may shroud some areas from lower elevations upward for periods. Further northwest may largely disperse, to leave cloud above the mountains, may improve more widely.
<b>Chance of cloud free Munros?</b>	<b>10%</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, poor visibility, misty over hills, chance of glimpses of sun out of cloud banks on highest tops. Lower down visibility better inland and east.	Sun mostly weak through a veil of high cloud. Some misty areas, but visibility may improve to be widely very good.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	11C up to 14C if not in cloud on high terrain. Feeling like 3 to 6C if directly in wind on tops.  Above the summits.	7 to 10C, coolest on mountains near and north of Ullapool.  Above the summits.

## Planning Outlook

### All mountain areas of Britain from Thursday, 9 July, 2026

Increasingly warm for Scotland, hot for England and Wales this week. Southwesterly winds easing for much of Scotland but remnants of fronts bring further low cloud and drizzle to the west late this week. Locally a chance of thundery downpours in eastern Highlands later Friday, some of which may linger into Saturday but likely fading. A generally fine summertime outlook through the weekend and well into next week as high pressure expands northwards to broadly reside across Britain. Warm but generally pleasant summer temperatures next week. Sunshine and fair-weather cloud, many hills often clear. Easterly breezes for England and Wales.

### Forecast issued at 16:29 on Tuesday, 7 July, 2026

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