MOUNTAIN WEATHER INFORMATION SERVICE

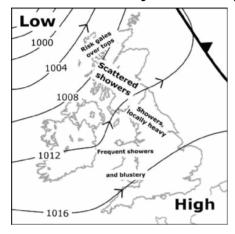
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 8 September, 2025



British Mountain Summary: Based on forecast chart for noon 8 September, 2025

Strong winds and scattered showers western Scotland; clearer east with only patchy upland cloud. Showers in England, risk more concentrated rain over Lakeland and west Pennines for periods with heavy bursts. Little cloud on Pennines. Blustery in Wales with frequent showers, risk local hail/thunder.

Headline for The Northwest Highlands

Blustery, risk gales coastal tops; some showers south, north largely clear

Detailed Forecast for Monday, 8 September, 2025

How windy? (On the Munros)	Southwesterly 25 to 35mph, nearer 40mph along coastal mountains. Gusts over high coastal tops may reach up to 50mph, particularly on Skye.	
Effect of wind on you?	Walking inconvenienced, strenuous on coastal hills with considerable buffeting. Risk difficult conditions on summits of Skye. Significant wind chill.	
How wet?	Scattered showers, mostly south and west	
(Precipitation and its impact)	Occasional showers onto Skye and Wester Ross in the morning, increasing in frequency and strength as afternoon goes. A few showers will reach further inland as well. Likely substantially dry far north.	
Cloud on the hills?	Mostly Skye/nearby; well broken inland and north	
	Banks often covering higher slopes around Skye/Torridon - bases varying in and out of showers from 600 to 900m. Patches largely above 900-1000m inland and north and well broken with tops regularly exposed. May fill in somewhat from the southwest later.	
Chance of cloud free Munros?	70% well inland and north, 30% Skye and nearby	
Sunshine? Air clarity (below	A patchwork of sun and cloud in southern and coastal areas. Often sunny inland and north, some fair weather cloud building afternoon.	
cloud)	Very good visibility though a haze along the west coast, particularly early.	
How Cold? (at 900m)	6 or 7C. Likely no change along the west coast, may rise to 8C well inland. Feeling below freezing where exposed to direct wind, as low as -5C on Skye.	
Freezing Level	Above the summits	

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The Northwest Highlands - Looking Ahead

	Tuosday 9 Santambar	Wodnosday 10 Sontombor
	Tuesday 9 September	Wednesday 10 September
How windy? (On the Munros)	South-southeasterly 20-30mph, lightest in the northeast. Rising on Skye and nearby afternoon, up to 50mph over tops.	Southerly 40-50mph, some stronger gusts over highest tops. May ease somewhat around evening.
Effect of wind on you?	Comfortable walking affected, notably on Skye - balance likely challenged on exposed Cuillin tops.	Arduous walking likely all day. Buffeting gusts over tops may require crouching for stability. Significant wind chill.
How wet?	Substantially dry	Patchy rain south spreads north later
(Precipitation and its impact)	Patchy drizzly rain on Skye in the morning soon abates. Likely dry, chance of some patchy light rain on southern mountains later.	Rain on and off Skye through morning, some odd patches on the mainland. Rain increasingly frequent Skye and spreading inland, wet for most later in the day.
Cloud on the hills?	Many summits clear, notably north	Broken early, filling in from the south
	Local patchy mist sheltered glens from dawn and on mountains south of Ullapool. Cloud tending to lift and break above most summits, though Skye and closest mainland summits will continue to see high patches, possibly filling in as evening approaches.	Patchy cloud southern areas through morning, fairly extensive from 700m up during and after rain. Northern mountains clearer with tops exposed for a time early. High terrain increasingly in fog, becoming extensive from the south.
Chance of cloud free Munros?	80%	60% in the morning, lowering to 30%
Sunshine? Air clarity (below cloud)	Morning cloud breaks for extensive sun, fair weather cloud building later. Very good visibility.	Likely overcast after a few glimpses of morning sun. Very good visibility out of rain.
How Cold? (at 900m)	7 or 8C from dawn. Rising up to 10C inland and north.	7 or 8C. Northern hills 9C, particularly near west coast. Little change expected. Feeling below freezing in strongest wind.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Tuesday, 9 September, 2025

Low pressure over the north Atlantic dominates the weather pattern over the next 10 days, maintaining unsettled conditions. West to southwesterly winds prevail bringing frequent rain and cloud to western areas, regularly becoming more widespread as weather features come and go. Early indications suggest a deeper area of low pressure late weekend and early next week will bring widespread gales, possibly severe on highest terrain.

Tending to improve after mid-month with longer periods of dry weather, but a persistent southwesterly regime will continue to draw unsettled spells of weather into Britain, notably in the north.

Forecast issued at 16:20 on Sunday, 7 September, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.