## MOUNTAIN WEATHER INFORMATION SERVICE

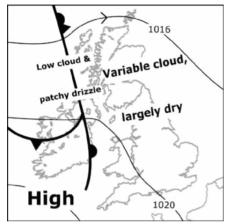
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Wednesday, 30 July, 2025



## **British Mountain Summary:**

## Based on forecast chart for noon 30 July, 2025

Generally cloudy conditions, covering some hill slopes in the morning, but breaking and lifting above many tops. Occasional sun breaking through, mainly in the east. In western Scotland, a weak front pushing in will lower the cloud over coastal hills and bring a little drizzle at times. Light winds overall.

## **Headline for The Northwest Highlands**

Drizzle mostly Skye. Some cloud breaks. Light-moderate breeze.

## Detailed Forecast for Wednesday, 30 July, 2025

| How windy? (On the Munros)          | Westerly 10 to 20mph, turning southwesterly near the west coast, later in day may increase a little.                                                                                                                                                 |  |  |
|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|
| Effect of wind on you?              | Mostly small                                                                                                                                                                                                                                         |  |  |
| How wet?                            | Occasional drizzle, damp later near Skye                                                                                                                                                                                                             |  |  |
| (Precipitation and its impact)      | Local patches of drizzle mostly western areas at first, odd drizzly showers passing eastwards in morning, largely fading out.  Drizzle returning from west, becoming generally damp during afternoon on and near Skye, though small amounts of rain. |  |  |
| Cloud on the hills?                 | Extensive, rising for a time                                                                                                                                                                                                                         |  |  |
|                                     | Shrouding the mountains widely early morning, cloud banks lower elevations upward. Into middle of day, lifting to 600-800m west, breaks higher inland & east afternoon. Low cloud persists, or fills in again lower during afternoon in west.        |  |  |
| Chance of cloud free Munros?        | 10% rising to 50% inland/east                                                                                                                                                                                                                        |  |  |
| Sunshine? Air clarity (below cloud) | Glimpses of sun develop, mostly east. Misty start across hills, visibility becoming good below cloud, generally better afternoon in east.                                                                                                            |  |  |
| How Cold? (at 900m)                 | 8 or 9C, little change all day west coast, locally rising to 11C near Great Glen.                                                                                                                                                                    |  |  |
| Freezing Level                      | Above the summits                                                                                                                                                                                                                                    |  |  |

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## The Northwest Highlands - Looking Ahead

|                                     | Thursday 31 July                                                                                                                                                                                              | Friday 1 August                                                                                                                                                       |
|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| How windy? (On the Munros)          | Northwesterly 15 to 20mph, to 25mph at times coastal areas.                                                                                                                                                   | Northwesterly 20 to 30mph, strongest around Ben Hope to Ben Wyvis.                                                                                                    |
| Effect of wind on you?              | Fairly small, in places more blustery, affecting balance over exposed tops and ridges in west. Feeling cool.                                                                                                  | Starting to affect comfortable walking and balance on some exposed tops and ridges. Considerable wind chill.                                                          |
| How wet?                            | Showery rain                                                                                                                                                                                                  | Showers                                                                                                                                                               |
| (Precipitation and its impact)      | Patchy rain from dawn into early morning, then a scattering of showers, briefly heavier mainly inland and eastern areas afternoon.                                                                            | Showery rain most frequent near to west and north-facing coasts in the morning.  Some showers extending increasingly inland. Tending to fade near with time.          |
| Cloud on the hills?                 | Extensive, lifting to higher slopes                                                                                                                                                                           | Often covering higher tops                                                                                                                                            |
|                                     | Covering the mountains widely in early rain, to mid-slopes in the west. Bases rising as rain eases, some breaks forming to upper slopes, but often capping western tops.  Ragged patches lowering in showers. | Banks of cloud drifting over many higher slopes in the morning, most above 700-800m. Tending to rise and break with time, but likely to come and go over higher tops. |
| Chance of cloud free Munros?        | 30%                                                                                                                                                                                                           | 40%                                                                                                                                                                   |
| Sunshine? Air clarity (below cloud) | Occasional sun breaking through afternoon. Visibility poor in rain, becoming very good when dry afternoon.                                                                                                    | Glimpses of sun. Very good visibility away from showers, slight coastal haze.                                                                                         |
| How Cold? (at<br>900m)              | 7 to 10C. Feeling near to freezing in stronger wind on highest tops.                                                                                                                                          | 6C rising to 8 or 9C mainly inland toward Kintail in the afternoon. Feeling below freezing in wind, nearer -5C in morning.                                            |
| Freezing Level                      | Above the summits                                                                                                                                                                                             | Above the summits                                                                                                                                                     |

## **Planning Outlook**

## All mountain areas of Britain from Thursday, 31 July, 2025

Westerly winds prevail in the extended outlook, with occasional fronts moving through - western mountains often shrouded in cloud, periods of rain and drizzle. Some showery bursts of rain further eastwards, particularly Thursday-Friday this week, but often smaller amounts of rain toward easternmost hills, and cloud bases often higher with breaks to eastern summits. Moderate breezes, sometimes more blustery - early next week looks windier for a time. Temperatures near average, though rather cool in Scotland late this week and again early next week. Ridges of higher pressure will build occasionally from the southwest for better windows of weather, particularly England & Wales.

#### Forecast issued at 16:00 on Tuesday, 29 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.