MOUNTAIN WEATHER INFORMATION SERVICE

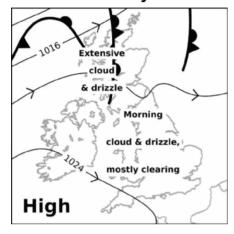
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 9 July, 2025



British Mountain Summary: Based on forecast chart for noon 9 July, 2025

Extensive cloud and drizzle near the all western coasts; improving in the afternoon when only a few patches remain, most extensive on the Cuillin where it will also be windy. Cloud base higher well inland with occasional breaks; clearing Peak District and parts of Wales. Feeling cool in Scotland and mild in England and Wales.

Headline for The Northwest Highlands

Damp atmosphere with low cloud & west-coastal drizzle. Upland wind.

Detailed Forecast for Wednesday, 9 July, 2025

How windy? (On the Munros)	West to southwesterly 20 to 30mph, may reach 35mph tops near/north of Ullapool and on and near Skye. Blustery on exposed terrain with occasional gusts, starting to affect comfortable walking and balance on ridges. Feeling quite cool.	
Effect of wind on you?		
How wet?	Damp in west, light rain	
(Precipitation and its impact)	Drizzly much of the day west coastal mountains, particularly Skye where there will be some steady light rain for periods, making basalt rock surfaces slippery. Patchier drizzle eastern areas.	
Cloud on the hills?	Extensive, lowest west	
	Blanket low cloud throughout the day western mountains, often to lower elevations coastal slopes, particularly on the southern Cuillin. Cloud base around 600m inland, to 800m further east with breaks on hills facing North Sea.	
Chance of cloud free Munros?	10% west coast; 30% Ben Wyvis	
Sunshine?	Overcast and misty, poor visibility in west.	
Air clarity (below cloud)	Glimpses of sun toward Moray Firth, good visibility below cloud.	
How Cold? (at 900m)	8C rising to 10C, humid. Feeling near to freezing directly in wind.	
Freezing Level	Above the summits	

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The Northwest Highlands - Looking Ahead

	Thursday 10 July	Friday 11 July
How windy? (On the Munros) Effect of wind on you?	Southwesterly 25 to 40mph, strongest on west coastal mountains, particularly northern areas. Making walking uncomfortable and challenging balance on exposed ridges. Buffeting gusts through passes.	South to southwesterly 20 to 30mph. Risk 40mph near west coast and Skye. Ben Wyvis 15 to 20mph. Comfort and ease of walking affected. Risk of balance being problematic near the west coast.
How wet?	Often damp toward west	Little or no rain
(Precipitation and its impact)	A little drizzly rain in west-coastal areas, most common on Skye and nearby mainland, amounts small, but may persist; rock surfaces remain slippery. An odd drizzly shower moves inland across Sutherland.	Risk of drizzly conditions on the southern Cuillin.
Cloud on the hills?	Extensive, very low west	Soon little or no cloud
	Blanket low cloud, likely to persist from lower elevations upward near west coast. Cloud base 500-600m well inland, some breaks to 800m easternmost hills.	Patchy cloud, mostly on coastal slopes, in the morning soon burning off; may linger on the southern Cuillin.
Chance of cloud free Munros?	10%	80%
Sunshine? Air clarity (below cloud)	Staying overcast and misty in west, poor visibility. Brighter toward east coast, good visibility below cloud.	Widespread sunshine through thickening high-level cloud; beware sunburn and dehydration. Excellent visibility.
How Cold? (at 900m)	Around 10C, little change all day, locally up to 12C Ben Wyvis area. Feeling near to freezing directly in wind.	14 to 16C, coolest near the west coast. Feeling between 5 and 10C in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 10 July, 2025

A humid southwesterly wind midweek produces extensive low cloud across west and northwest Scotland with some drizzly rain. Drier with sun and broken cloud in eastern Scotland, improving in southern areas. High pressure expanding over England and Wales brings more sunshine and draws in increasingly very warm air again in the later part of this week; higher temperatures and more sunshine extending into Scotland with time. A fine and very warm weekend in prospect, low risk of thundery showers forming toward the west. Cooler with a greater risk of showers early next week.

Forecast issued at 18:13 on Tuesday, 8 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.