

# The Northwest Highlands

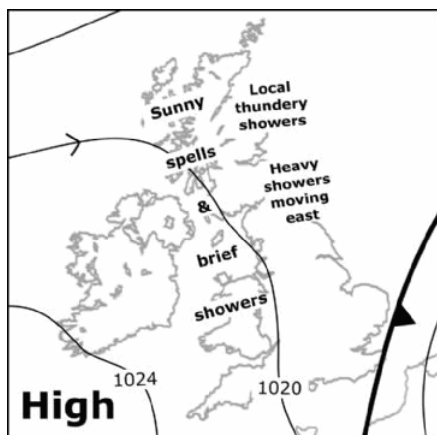
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Wednesday, 2 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 2 July, 2025

Localised heavy bursts of rain for eastern Scotland & northern England early in the day, clearing eastwards, but over Cairngorms in particular, increasing risk afternoon of slow-moving heavy downpours forming, locally a thunderstorm. Western Scotland largely dry; increasingly sunny all western areas afternoon. Fresher for all.

### Headline for The Northwest Highlands

Broken cloud and sun, local showers. Light-moderate breeze.

## Detailed Forecast for Wednesday, 2 July, 2025

<b>How windy? (On the Munros)</b>	Southwesterly 15 to 20mph, strongest coastal areas toward the north in morning, freshening a little more widely afternoon.
<b>Effect of wind on you?</b>	<b>Mostly small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers</b> Occasional showers passing eastwards, locally heavier toward the east coast later in day.
<b>Cloud on the hills?</b>	<b>Most frequent on western tops</b> Patches of cloud on western mountains in the morning, lifting to upper slopes, may come and go on tops, most common in the west, clearing more often afternoon.
<b>Chance of cloud free Munros?</b>	<b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of sun and cloud. Visibility very good.
<b>How Cold? (at 900m)</b>	6 to 8C.
<b>Freezing Level</b>	Above the summits

## The Northwest Highlands - Looking Ahead

	Thursday 3 July	Friday 4 July
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	South to southwesterly 25 to 35mph, strongest over west coast mountains.  <b>Starting to affect comfortable walking, making balance challenging on some exposed ridges. Feeling cool.</b>	Southwesterly 45 to 60mph, peak speeds likely lasting a few hours, may moderate with time.  <b>Difficult conditions over the mountains, mobility challenging and gusts could knock you off your feet. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent or persistent rain</b> Often raining on western mountains, steady rain setting in for periods, some heavier showery bursts mixed in.	<b>Rain most of day west, often heavy</b> Persistent rain across western mountains, sustained heavy falls focused on Skye to Wester Ross. Smaller amounts eastward across Sutherland and Easter Ross. Increasingly very wet underfoot in west.
<b>Cloud on the hills?</b>          <b>Chance of cloud free Munros?</b>	<b>Fairly extensive higher areas</b>  Covering higher slopes most of day, bases lowering in rain, fairly extensive above 700-900m, lowest west coastal hills, may form for periods to 600m on/near Skye.  <b>20%</b>	<b>Extensive</b>  Shrouding the mountains throughout the day, from mid to lower slopes upward in the west, but fairly extensive above 800m even well inland. Brief breaks in east.  <b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, rare glimpses of sun east. Visibility poor during rain, occasionally good below cloud.	Overcast and dull. Visibility poor due to rain, locally good below cloud furthest east.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	5 to 7C, marginal rise during day.  Above the summits	7 or 8C, small rise during day. Feeling near -5C in the wind.  Above the summits

## Planning Outlook

## All mountain areas of Britain from Thursday, 3 July, 2025

By Thursday, west to southwesterly winds increase for Scotland, with frequent showery rain and low cloud returning into the Highlands from the west. Friday brings heavier rain to western Scotland and gales over higher terrain for Scotland and possibly northern England, rain extending further south with time. The weekend looks unsettled with low pressure bringing heavy showery rain widely, risk isolated thunder. Next week maintains a mixed westerly regime with greatest risk of rain toward northwest Scotland, drier and warmer further south and east.

## Forecast issued at 16:27 on Tuesday, 1 July, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.