

# The Northwest Highlands

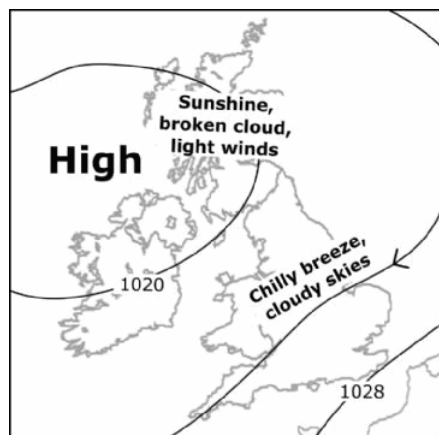
Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Monday, 5 May, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 5 May, 2025

Fine with light winds for the Highlands, sunshine and the mountains largely free of cloud; starting chilly, warming up into afternoon. Chilly northeasterly winds England & Wales in the morning, easing gradually; fairly cloudy skies south & east Pennines, locally a shower.

### Headline for The Northwest Highlands

Patchy cloud and sunshine. Mostly light wind, cool near coasts.

## Detailed Forecast for Monday, 5 May, 2025

<b>How windy? (On the Munros)</b>	Westerly 10mph, to 20mph at times far northern mountains around Ben Hope.
<b>Effect of wind on you?</b>	Mostly small
<b>How wet?</b> (Precipitation and its impact)	Rain not expected
<b>Cloud on the hills?</b>	<b>Little if any</b> Rare patches of cloud mostly near to coasts above 700m, mainly Skye, also Ben Hope. Otherwise mountains free of cloud.
<b>Chance of cloud free Munros?</b>	<b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of sunshine, patchy cloud may fill in at times, mainly Sutherland. Superb visibility.
<b>How Cold? (at 900m)</b>	0C; rising marginally near the coast to around 3C, but as high as 8C afternoon mainland south of about Torridon.
<b>Freezing Level</b>	Above the summits, but post dawn, frost many upland and lowland valleys and close to freezing higher slopes.

## The Northwest Highlands - Looking Ahead

	<b>Tuesday 6 May</b>	<b>Wednesday 7 May</b>
<b>How windy? (On the Munros)</b>	Westerly 10mph or less, although possibly 15mph Sutherland.	Variable direction 10mph or less.
<b>Effect of wind on you?</b>	<b>Negligible</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain</b>	<b>Rain very unlikely</b> Small risk of a light shower late afternoon into evening, mainly inland areas.
<b>Cloud on the hills?</b>	<b>All or nearly all mountains cloud free</b>  Risk cloud drifting onto west coastal slopes at times above 600m.	<b>Not expected</b>
<b>Chance of cloud free Munros?</b>	<b>90%</b>	<b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive sunshine, although there may be banks of cloud near the coast. Superb visibility.	Sun and high cloud, some patchy cloud bubbling up during afternoon inland. Visibility excellent.
<b>How Cold? (at 900m)</b>	1C at dawn; rising marginally along the west coast, but as high as 11C in afternoon well inland.	2C at dawn, rising as high as 11C by afternoon.
<b>Freezing Level</b>	Generally above the summits, but at dawn near freezing point higher slopes and frost both upland and lowland valleys.	Generally above the summits, but at dawn near freezing with slight frost both in the glens and on sheltered higher terrain.

**Planning Outlook****All mountain areas of Britain from Tuesday, 6 May, 2025**

High pressure continues to reside over the British Isles during the week ahead, maintaining generally dry conditions, low risk of an isolated afternoon shower. Winds mostly light, direction variable. Chilly nights with frost in valleys and sheltered higher terrain. Becoming pleasantly warm into the afternoons. Sunshine and variable cloud, at times covering the sky, but generally above the mountain tops with excellent visibility. Very dry ground conditions almost everywhere, beware high risk of fire.

**Forecast issued at 16:00 on Sunday, 4 May, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.