MOUNTAIN WEATHER INFORMATION SERVICE

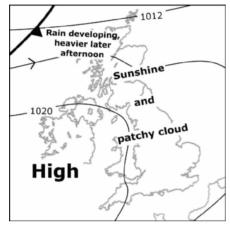
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Monday, 24 March, 2025



British Mountain Summary:

Based on forecast chart for noon 24 March, 2025

Westerly winds strengthening, reaching gale force over tops in the Highlands. Rain moves into northwest Scotland, setting in heavier during afternoon; patchy rain extending southeastwards later. Dry all daylight for England, Wales and southern Scotland, with good amounts of sunshine.

Headline for The Northwest Highlands

Increasingly gales on tops. Rain moving in, heavy in west afternoon.

Detailed Forecast for Monday, 24 March, 2025

| How windy? (On the Munros) | West to southwesterly, strengthening in morning toward 35 to 50mph, strongest toward the north. | |
|---|--|--|
| Effect of wind on you? | Walking becoming arduous or increasingly difficult and wind chill significant where exposed. | |
| How wet? (Precipitation and its impact) | Rain developing, setting in Dry start, but rain moving onto west coast during morning, becoming persistent middle of day, heavier and more widespread into afternoon. | |
| Cloud on the hills? | Confined to higher tops, becoming extensive afternoon | |
| | Morning: Cloud base typically 700m near west coast, occasionally clearing to higher tops, patchier eastwards. Afternoon: Fog filling in across the hills in rain, forming on lowest slopes near west coast. | |
| Chance of cloud free Munros? | 30% | |
| Sunshine? Air clarity (below cloud) | Patches of sun will give way as cloud thickens from west. Excellent visibility in morning then becoming poor in rain. | |
| How Cold? (at 900m) | 2C, rising slowly through the day to 5C. Wind chill feeling as cold as -10C as speeds increase. | |
| Freezing Level | Above the summits. | |

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The Northwest Highlands - Looking Ahead

| | Tuesday 25 March | Wednesday 26 March |
|---|---|---|
| | • | |
| How windy? (On the Munros) | Westerly 25 to 40mph, strongest on northern mountains around Ben Hope. | Southwesterly, strengthening 35 to 50mph, risk 60-70mph higher mountains later afternoon. |
| Effect of wind on you? | Affecting balance and comfortable walking. Frequent buffeting on northern tops. Considerable wind chill. | Deteriorating to make walking increasingly difficult on higher terrain, wind chill becoming significant. |
| How wet? | Light showers in morning | Risk rain later |
| (Precipitation and its impact) | Occasional brief showery rain in the breeze, mostly west coastal mountains in the morning; sleet on highest tops at first. | Dry start, spots of rain developing, then later in the day risk of more persistent rain moving in from the west. |
| Cloud on the hills? | Varied over western tops | Varied low cloud, filling in later |
| | Patches of cloud likely to come and go on western hills above 700 to 900m, tending to rise higher with time. Breaks most common over eastern hills. | Banks of cloud on some slopes in the morning, higher tops may be above cloud for a time. Cloud lifting onto the tops, some breaks toward east. Then thickening to become extensive, lowest near Skye. |
| Chance of cloud free Munros? | 40% | 50% dropping to 20% |
| Sunshine? Air clarity (below cloud) | A little sunshine in and out, most common eastern areas. Visibility very good, slight haze near coast. | Largely cloudy, a little sun through high cloud occasionally. Visibility good, but reducing later in rain. |
| How Cold? (at 900m) | 2C. Wind chill feeling like -7 to -10C. | 1 to 3C. Wind chill feeling like -10C, nearer -15C as speeds increase. |
| Freezing Level | Just above highest summits. | Close to freezing some higher slopes above 900m at dawn; otherwise above the summits. |

Planning Outlook

All mountain areas of Britain from Tuesday, 25 March, 2025

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Frequently windy, periods of gale force wind over the mountains. Temperature varied, sometimes just below freezing on higher Scottish summits, with some showers of snow at times on the Munros - chillier more widely by Friday into Saturday as wind turns northwesterly for a time.

Forecast issued at 16:08 on Sunday, 23 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.