

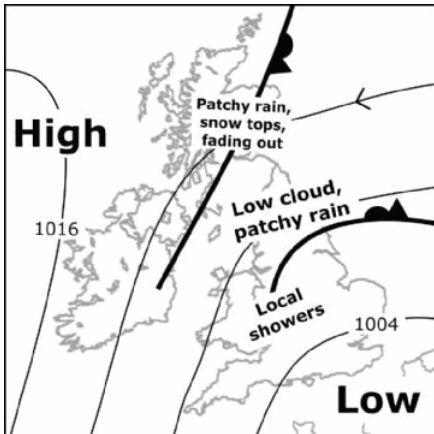
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 23 March, 2025



British Mountain Summary:

Based on forecast chart for noon 23 March, 2025

Chilly north to northeasterly winds; air temperature near freezing on higher Scottish tops. Rain and mountain top snow in eastern Highlands gradually fading, but low cloud persists. Sunnier skies emerging in western Scotland. England & Wales sees patchy rain, drizzle and low cloud, local showers toward south.

Headline for The Northwest Highlands

Chilly wind. Early cloud and light rain/snow in east, sunnier west.

Detailed Forecast for Sunday, 23 March, 2025

How windy? (On the Munros)	Northerly 20-30mph, tending to ease into afternoon, particularly inland.
Effect of wind on you?	Affecting balance at times on exposed ridges, marked wind chill on tops. Becoming fairly small away from coasts.
How wet? (Precipitation and its impact)	A little early rain in east fading Overnight rain with snow above 700m, likely to linger for an hour or two early morning on eastern hills and inland near Great Glen, but soon patchy and light, fading out during morning. Likely dry all day in west coastal areas.
Cloud on the hills?	Extensive morning, clearing best in west Cloud base rising through day; from late morning most cloud above 600m Sutherland, rising further with time. Toward west, cloud will largely clear above 900m.
Chance of cloud free Munros?	By afternoon 30% north to 70% south/west
Sunshine? Air clarity (below cloud)	Cloud thinning, allowing patches of sun to come through, especially toward west coast. Very good or excellent visibility in west, but locally poor in east in morning.
How Cold? (at 900m)	-1C, rising to 0C north, or +2C near and south of Torridon. Wind chill as cold as -10C.
Freezing Level	As low as 750m morning, rising to 900m in far north. Elsewhere 1000-1100m into afternoon, highest south of Torridon.

The Northwest Highlands - Looking Ahead

	Monday 24 March	Tuesday 25 March
How windy? (On the Munros) Effect of wind on you?	West to southwesterly, strengthening in morning toward 35 to 50mph, strongest toward the north. Walking becoming arduous or increasingly difficult and wind chill significant where exposed.	Westerly 25 to 40mph, strongest on northern mountains around Ben Hope. Affecting balance and comfortable walking. Frequent buffeting on northern tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain developing, setting in Dry start, but rain moving onto west coast during morning, becoming persistent middle of day, heavier and more widespread into afternoon.	Light showers Occasional brief showery rain in the breeze, mostly west coastal mountains; sleet on highest tops in morning.
Cloud on the hills? Chance of cloud free Munros?	Confined to higher tops, becoming extensive afternoon Morning: Cloud base typically 700m near west coast, occasionally clearing to higher tops, patchier eastwards. Afternoon: Fog filling in across the hills in rain, forming on lowest slopes near west coast. 30%	Varied over western tops Patches of cloud likely to come and go on western hills above 700 to 900m, tending to rise higher with time. Breaks most common over eastern hills. 40%
Sunshine? Air clarity (below cloud)	Patches of sun will give way as cloud thickens from west. Excellent visibility before becoming poor in rain.	A little sunshine in and out, most common eastern areas. Visibility very good, slight haze near coast.
How Cold? (at 900m) Freezing Level	2C, rising slowly through the day to 5C. Wind chill feeling as cold as -10C as speeds increase. Above the summits.	2C. Wind chill feeling like -7 to -10C. Just above highest summits.

Planning Outlook**All mountain areas of Britain from Monday, 24 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Wind speeds varied, but at times reaching gale force over the mountains. Temperature varied, occasionally just below freezing on higher Scottish summits, with some showers with snow at times on the Munros - possibly chillier for a few days around next weekend (29-30 March).

Forecast issued at 16:25 on Saturday, 22 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.