

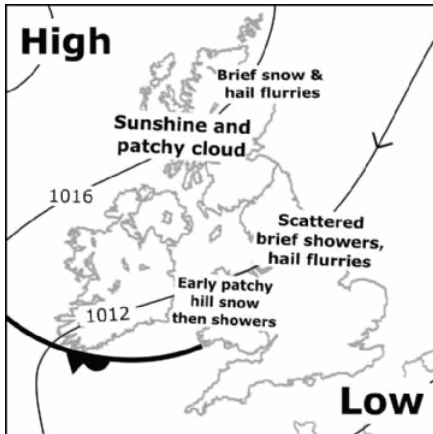
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Friday, 14 March, 2025



British Mountain Summary:

Based on forecast chart for noon 14 March, 2025

Cold, staying below freezing on higher mountains. Northeasterly winds lessening over the Highlands, but staying brisk for northern England. Scattered snow or hail flurries. Patchy cloud lifting toward or above many tops. Sunniest toward western coasts. Early patchy snow in Wales clears to leave brief showers.

Headline for The Northwest Highlands

Cold, but wind easing. Brief snow or hail showers mainly north.

Detailed Forecast for Friday, 14 March, 2025

How windy? (On the Munros)	Northeasterly 20-25mph early morning, easing to 15mph by early afternoon, then below 10mph up to dusk.
Effect of wind on you?	Marked wind chill and blustery in places in the morning, but becoming small.
How wet? (Precipitation and its impact)	Brief snow showers, mostly north Fresh dusting of snow on many higher slopes from overnight. Brief showers with soft hail come and go in northern areas, snow on higher terrain. Isolated brief showers south. Spots of rain below 500m.
Cloud on the hills?	Patchy banks, often clear Patchy cloud banks come and go northern areas, bases down to 700m in the morning, lifting above 1000m afternoon. Many clear spells forming, with highest bases and most frequent clearing in southern areas.
Chance of cloud free Munros?	60%
Sunshine? Air clarity (below cloud)	Variable cloud and sun north. More frequent sunshine Kintail westwards. Excellent visibility, though moments of poor visibility in showers.
How Cold? (at 900m)	-3C, rising to -1C mainly Skye to Kintail areas into the afternoon. Wind chill feeling like -10C in the morning.
Freezing Level	Near or below freezing at most elevations from dawn, frost in glens mainly inland. Rising to 700m near Ben Hope, to 900m or higher on southern slopes near Kintail.

The Northwest Highlands - Looking Ahead

	Saturday 15 March	Sunday 16 March
How windy? (On the Munros)	Westerly 20 to 25mph, local 30mph northern mountains.	Northeasterly or variable 5 to 10mph.
Effect of wind on you?	Marked wind chill, feeling blustery in exposure over higher tops and ridges.	Small
How wet? (Precipitation and its impact)	Local light rain, snow flurries tops One or two light showers, with snow above 700m; mostly western mountains.	Rare light showers Risk of one or two localised showers with soft hail, or snow on higher slopes, mainly across Sutherland.
Cloud on the hills?	Variable over western tops Banks of cloud likely to drift over western mountains above 700 to 900m, base rising a little during the day, with some breaks. Often above 900m further inland and eastwards, rising higher by afternoon.	Mostly very little Patches briefly forming around some higher slopes during the morning will lift toward or above higher summits during middle of day. Local banks may be more frequent over northern tops.
Chance of cloud free Munros?	50%	70%
Sunshine? Air clarity (below cloud)	A little sun in and out, mainly away from west coast. Visibility very good.	Patchwork of sun, clouding over for periods. Visibility excellent.
How Cold? (at 900m)	-2C rising to 0C or slightly higher afternoon. Feeling like -10C directly in the wind.	-1C rising to +1C.
Freezing Level	500m rising to 900-1000m onward into afternoon. But also frost inland glens and sheltered lower slopes from dawn.	Frost many glens and sheltered higher areas at dawn, becoming typically 1000m or above by afternoon.

Planning Outlook**All mountain areas of Britain from Saturday, 15 March, 2025**

High pressure drifts over the country through the weekend and early next week, bringing largely dry conditions, rare brief light showers. Chilly, becoming slightly less cold than recent days, but frost overnight into valleys; during the daytimes the freezing level lifting onto higher slopes. A covering of recent snow on many higher mountain tops. Sunny spells, variable cloud, and very clear crisp air. Winds fairly light overall this weekend and Monday - becoming southeasterly, strengthening soonest in Wales early in the new week, then more widely windy toward midweek, with some showery rain developing. A risk of more widespread spells of rain and some hill snow later in the week.

Forecast issued at 14:30 on Thursday, 13 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.